

The Novel Coronavirus (COVID-19) has disrupted life for many of us and our families. Luckily, we still have access to locally produced food. Buying locally can shorten the contact chain with your food and many farmers are offering new pick-up options.

Times like these remind us of the importance of a strong regional food system: local producers have thriving businesses, consumers have access to safe, healthy, delicious food, and these relationships sustain our communities. The more we support our local food system, the more resilient we are in times of crisis!

This guide provided courtesy

U.P. FOOD EXCHANGE growing local food systems upfoodexchange.com

info@upfoodexchange.com

906-225-0671 x711



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Interested in buying local food? Contact these farms to find out how!

DUKES FARM

254 Dukes Rd. Skandia 906-360-8710

CSA | Online Store lakesuperiorfarms.com/shop

- Farm pick-up available
- 25 mile delivery radius
- Veggies, Meat

FULL PLATE FARM

406 Dukes Rd. Skandia 906-869-7539

CSA | Online Store

fullplatefarmmi.com/farmstore

- Farm pick-up available
- 25 mile delivery radius
- Veggies

LITTLE PARSLEY FARM

300 Little Lake Rd. Marquette 906-228-2553

CSA

littleparsleyfarm.com

- Farm pick-up available
- 25 mile delivery radius
- Veggies

SEEDS & SPORES FAMILY FARM

924 Greenfield Rd. Marguette 906-458-8616

CSA | Online Store seedsandspores.com

- Farm pick-up available
- 25 mile delivery radius Eggs, Meat, Veggies, Fruits

SWANZY FARM

860 North Martin Lake Rd. Gwinn 906-360-2868

- Farm pick-up available
- 25 mile delivery radius
- Veggies

TONELLA FARMS

132 Dukes Rd. Skandia 262-347-6076

Learn more

facebook.com/TonellaFarms

- Farm pick-up available
- Veggies

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