

The Novel Coronavirus (COVID-19) has disrupted life for many of us and our families. Luckily, we still have access to locally produced food. Buying locally can shorten the contact chain with your food and many farmers are offering new pick-up options.

Times like these remind us of the importance of a strong regional food system: local producers have thriving businesses, consumers have access to safe, healthy, delicious food, and these relationships sustain our communities. The more we support our local food system, the more resilient we are in times of crisis!





The Novel Coronavirus (COVID-19) has disrupted life for many of us and our families. Luckily, we still have access to locally produced food. Buying locally can shorten the contact chain with your food and many farmers are offering new pick-up options.

Times like these remind us of the importance of a strong regional food system: local producers have thriving businesses, consumers have access to safe, healthy, delicious food, and these relationships sustain our communities. The more we support our local food system, the more resilient we are in times of crisis!





The Novel Coronavirus (COVID-19) has disrupted life for many of us and our families. Luckily, we still have access to locally produced food. Buying locally can shorten the contact chain with your food and many farmers are offering new pick-up options.

Times like these remind us of the importance of a strong regional food system: local producers have thriving businesses, consumers have access to safe, healthy, delicious food, and these relationships sustain our communities. The more we support our local food system, the more resilient we are in times of crisis!





The Novel Coronavirus (COVID-19) has disrupted life for many of us and our families. Luckily, we still have access to locally produced food. Buying locally can shorten the contact chain with your food and many farmers are offering new pick-up options.

Times like these remind us of the importance of a strong regional food system: local producers have thriving businesses, consumers have access to safe, healthy, delicious food, and these relationships sustain our communities. The more we support our local food system, the more resilient we are in times of crisis!



info@upfoodexchange.com

Interested in buying local food? Contact these farms to find out how!

DICKINSON COUNTY PILOT'S PASTURES

W9402 Peterson Drive, Iron Mountain 906-221-0308 Learn More facebook.com/upperpeninsulagrassfedbeef •Farm pick-up available •25 mile delivery radius •Meat, Veggies

MENOMINEE COUNTY

BLUEBERRY PIER N724 S P-3 Lane, Menominee 906-863-8718 CSA •Farm pick-up available •15 mile delivery radius •Fruits, Veggies

ELMCREST ACRES

W2244 Number 29 Rd, Daggett 906-424-0688 Learn More

elmcrestacres.com

•Farm pick-up available •25 mile delivery radius •Meat, Veggies

SLAGLE'S FAMILY FARM

N7705 Metropolitan Rd, Felch 906 221-5937 Learn More

slaglesfamilyfarm.com •Farm pick-up available •25 mile delivery radius •Meat, Veggies

FOLICK FARM

•Farm pick-up available

25 mile delivery radius

dens-163987557002549

•Farm pick up available

•50 mile delivery radius

WILSON CREEK GARDENS

N16071 Hansen Lane F-4, Wilson

facebook.com/Wilson-Creek-Gar-

Carney 906-399-3935

906-221-0319

Meat, Veggies

Learn More

Meats

Interested in buying local food? Contact these farms to find out how!

DICKINSON COUNTY

PILOT'S PASTURES W9402 Peterson Drive, Iron Mountain 906-221-0308 Learn More facebook.com/upperpeninsulagrassfedbeef •Farm pick-up available •25 mile delivery radius •Meat, Veggies

MENOMINEE COUNTY

BLUEBERRY PIER N724 S P-3 Lane, Menominee 906-863-8718 CSA •Farm pick-up available •15 mile delivery radius •Fruits, Veggies

ELMCREST ACRES

W2244 Number 29 Rd, Daggett 906-424-0688 Learn More elmcrestacres.com •Farm pick-up available

•25 mile delivery radius •Meat, Veggies

SLAGLE'S FAMILY FARM

N7705 Metropolitan Rd, Felch 906 221-5937 Learn More slaglesfamilyfarm.com •Farm pick-up available •25 mile delivery radius •Meat, Veggies

FOLICK FARM

Carney 906-399-3935 •Farm pick-up available •25 mile delivery radius •Meats

WILSON CREEK GARDENS

N16071 Hansen Lane F-4, Wilson 906-221-0319 Learn More facebook.com/Wilson-Creek-Gardens-163987557002549 •Farm pick up available •50 mile delivery radius •Meat, Veggies

Interested in buying local food? Contact these farms to find out how!

DICKINSON COUNTY PILOT'S PASTURES

W9402 Peterson Drive, Iron Mountain 906-221-0308

Learn More facebook.com/upperpeninsulagrassfedbeef •Farm pick-up available

•25 mile delivery radius •Meat, Veggies

MENOMINEE COUNTY

BLUEBERRY PIER N724 S P-3 Lane, Menominee 906-863-8718 CSA •Farm pick-up available •15 mile delivery radius •Fruits, Veggies

ELMCREST ACRES

W2244 Number 29 Rd, Daggett 906-424-0688 Learn More elmcrestacres.com •Farm pick-up available •25 mile delivery radius •Meat, Veggies

SLAGLE'S FAMILY FARM

N7705 Metropolitan Rd, Felch 906 221-5937 Learn More slaglesfamilyfarm.com

•Farm pick-up available •25 mile delivery radius •Meat, Veggies

Interested in buying local food? Contact these farms to find out how!

DICKINSON COUNTY

PILOT'S PASTURES W9402 Peterson Drive, Iron Mountain 906-221-0308 Learn More facebook.com/upperpeninsulagrassfedbeef •Farm pick-up available •25 mile delivery radius •Meat, Veggies

MENOMINEE COUNTY

BLUEBERRY PIER

N724 S P-3 Lane, Menominee 906-863-8718 CSA •Farm pick-up available •15 mile delivery radius •Fruits, Veggies

ELMCREST ACRES

W2244 Number 29 Rd, Daggett 906-424-0688 Learn More elmcrestacres.com •Farm pick-up available •25 mile delivery radius •Meat, Veggies

N7705 Metropolitan Rd, Felch 906 221-5937

SLAGLE'S FAMILY FARM

Learn More slaglesfamilyfarm.com •Farm pick-up available •25 mile delivery radius •Meat, Veggies

FOLICK FARM

Carney 906-399-3935 •Farm pick-up available •25 mile delivery radius •Meats

WILSON CREEK GARDENS

N16071 Hansen Lane F-4, Wilson 906-221-0319 Learn More facebook.com/Wilson-Creek-Gardens-163987557002549

•Farm pick up available •50 mile delivery radius •Meat, Veggies

FOLICK FARM Carney 906-399-3935 •Farm pick-up available

•25 mile delivery radius •Meats

WILSON CREEK GARDENS

N16071 Hansen Lane F-4, Wilson 906-221-0319 Learn More facebook.com/Wilson-Creek-Gardens-163987557002549 •Farm pick up available •50 mile delivery radius •Meat, Veggies