

The Novel Coronavirus (COVID-19) has disrupted life for many of us and our families. Luckily, we still have access to locally produced food. Buying locally can shorten the contact chain with your food and many farmers are offering new pick-up options.

Times like these remind us of the importance of a strong regional food system: local producers have thriving businesses, consumers have access to safe, healthy, delicious food, and these relationships sustain our communities. The more we support our local food system, the more resilient we are in times of crisis!

This guide provided courtesy

U.P. FOOD

EXCHANGE

growing local food systems

upfoodexchange.com

info@upfoodexchange.com

906-225-0671 x711



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Interested in buying local food? Contact these farms to find out how!

CARRICK FAMILY FARM

7385 W 10 Mile Road, Brimley 906-322-5935

Learn More

facebook.com/thecarrickfarms

- 25 mile delivery radius
- Eggs, Veggies

GORDON'S PRODUCE

3449 S. Ridge Road, Sault Ste. Marie 906-632-9430

Learn More

facebook.com/gordonsproduce

- Farm pick up available
- 25 mile delivery radius
- Veggies

JERE FARM

7557 W M28, Brimley 734-347-0906

CSA | Learn More

facebook.com/jerefarms

- Farm pick up available
- 50 mile delivery radius
- Meats

SWEETEN FARMS LLC

12248 S Bound Road, Dafter 765-346-8183

Learn More

sweetenhayfarm.com

- Farm pickup available

SWEETGRASS FARMS

2042 East Bishop Road, Pickford 906-647-1110

facebook.com/sweetgrassfarms

- Farm pick up available
- 50 mile delivery radius
- Shipping available

SKI COUNTRY FARM

2281 W 7 Mile Rd, Sault Ste. Marie 906-630-7414

CSA | Online Store skicountryfarm.com

- Farm pick up available
- 25 mile delivery radius
- Veggies, Baked Goods

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