Upper Peninsula FOOD & FARM DIRECTORY



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The Upper Peninsula Food & Farm Directory was created to help you locate the wide selection of local foods available in Michigan's Upper Peninsula.

The listings are organized alphabetically by the thirteen counties in the U.P. and by organization name.

For the most up-to-date and detailed business information, see the online version of the directory at www.upfoodexchange.com/directory. If you would like to be listed in the next edition of the guide, visit the aforementioned website and follow the instructions to create a listing online.

Please make sure visitors are welcome or call before you visit a farm.

All products are available seasonably and "while supplies last".

If you have any further questions about the directory, please contact Natasha Lantz at 906-225-0671 x 711 or email nlantz@marquettefood.coop.

For more information on purchasing please go to **www.upfoodexchange.com** or contact the farm directly.

* The Marquette Food Co-op has made no attempt to verify the information provided by the farms regarding their products and practices. It is up to you, the consumer, to research where your food comes from. You are encouraged to visit the farms, ask questions, support local, and enjoy eating the bounty provided here in Michigan's beautiful Upper Peninsula.



U.P. FOOD EXCHANGE & THE DIRECTORY

L his guide was created by the Marquette Food Co-op's Outreach Department and the U.P. Food Exchange.

The U.P. Food Exchange (UPFE) is a partnership between The Marquette Food Co-op and MSU Extension in conjunction with the Western U.P. Health Department to support the local food activities already taking place within the Upper Peninsula's distinct regions (eastern, central, western). UPFE assists with the development and ongoing maintenance of the three successful regional food hubs and serves as a resource portal for farmers, businesses, and individuals looking to connect with and actively participate in their local food system. Learn more at **www.upfoodexchange.com**.

Marquette Food Co-op | www.marquettefoodcoop.com Michigan State University Extension | msue.anr.msu.edu Western UP Health Department | www.wupdhd.org



Western Food Hub

Coordinated by Western U.P. Health Department

Baraga County Gogebic County Houghton County Iron County Keweenaw County Ontonagon County

Aggregation Site: To Be Determined

Western Region

Ray Sharp WESTERN UPPER PENINSULAT HEALTH DEPARTMENT 906.482.7382 x163 rsharp@wuphd.org

Central Food Hub

Coordinated by Marquette Food Co-op



Alger County Delta County Dickinson County Marquette County Menominee County Schoolcraft County

Aggregation Site: Marquette Food Co-op

Central Region

Natasha Lantz MARQUETTE FOOD CO-OP 906.225.0671 x711 nlantz@marquettefood.coop

Eastern Food Hub

Coordinated by Michigan State University Extension

> Chippewa County Luce County Mackinac County

Aggregation Site: Harmony Health Foods

Eastern Region

Michelle Walk MSU EXTENSION 906.635.6368 walkmich@msu.edu

www.upfoodexchange.com/directory

LOCAL FOOD TERMS & RESOURCES

If you see a designation other than those listed on this page, it means that the grower believes a particular name or title more accurately describes his or her products. You will need to check with the grower for further clarification.

TERMS

Certified Organic

(defined by www.rodaleinstitute.org)

Organic farmers integrate cultural, biological, and mechanical practices that foster cycling of resources, promote ecological balance, and conserve biodiversity to grow food and fiber. These methods include use of compost, crop rotations, cover crops, and access to outdoors and pasture for animals. Synthetic fertilizers, sewage sludge, irradiation, and genetic engineering may not be used. Certified organic farmers follow strict rules and are monitored closely to ensure that the standards are being upheld. Learn more at www.ams. usda.gov/about-ams/programs-offices/national-organic-program

Certified Naturally Grown

(defined by www.naturallygrown.org)

Certified Naturally Grown (CNG) is a grassroots alternative to the USDA's National Organic Program meant primarily for small farmers locally and directly to consumers. The CNG Standards and growing requirements are no less strict than the USDA National Organic Program rules. CNG is based on the participatory guarantee system model in which inspections are typically carried out by other farmers.

Grass-Fed

(defined by www.usda.gov)

To be labeled as Grass-fed, an animal must have been fed nothing but grass or forage for the entirety of its lifetime, with the exception of its mother's milk during nursing. Animals cannot be fed grain or grain byproducts and must be given continuous access to pasture during the growing season.

Hormone-Free

(defined by www.sustainabletable.org)

The USDA prohibits the use of hormones in pork and poultry production, but not in beef. Hormones are used to increase production which will then carry residues in products and manure. Hormone-Free means that no hormones were given to the animal during its lifetime at that particular farm.

Raised Without Antibiotics

(defined by www.greenerchoices.org)

Use of the term antibiotic free is considered unprovable by USDA on any meat products. Variations of this claim, such as no antibiotics administered, are allowed by the USDA, but they have no verification system established. In this guide, Raised without Antibiotics means there were no antibiotics administered to the animal. The only exception would be in the case of antibiotics administered to a sick animal that is quarantined away from the herd or flock for the duration of its illness and then reintroduced to the herd or flock.

Conventional

(defined by the Marquette Food Co-op)

Operations are considered Conventional if they use any synthetic fertilizers, pesticides, herbicides, insecticides, hormones, antibiotics, or common enhancers like Miracle Gro^{**}, on any crop or animal at any time.

Authentic

(defined by the Marquette Food Co-op)

Operations are considered Authentic if they do not use any synthetic fertilizers, pesticides, herbicides, insecticides, hormones, antibiotics, and common enhancers like Miracle Gro^m. The only exception would be in the case of antibiotics administered to a sick animal that is quarantined away from the herd or flock for the duration of its illness and then reintroduced to the herd or flock.

MAEAP

(defined by www.maeap.org)

The Michigan Agriculture Environmental Assurance Program (MAEAP) is an innovative, proactive program that helps farms of all sizes and commodities voluntarily prevent or minimize agricultural pollution risks. Farmers reduce legal and environmental risks through MAEAP's three-phase process: education, farm-specific risk assessment, and an on-farm verification of his/her practices.

LOCAL FOOD TERMS & RESOURCES

CSA

Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters which provides a direct link between the production and consumption of food. CSA member cover a farm's yearly operating budget (seeds, fertilizer, water, equipment maintenance, labor, etc.) by purchasing a share of the season's harvest. CSA members make a commitment to support the farm throughout the season, and assume the costs, risks, and bounty of growing food along with the farmer or grower. This mutually supportive relationship between local farmers and

community members helps create an economically-stable farm operation in which members are assured the highest quality produce, often below retail prices. In return, farmers and growers are guaranteed a reliable market for a variety of crops.

Herd Shares

When you purchase a herd share, you actually buy part of the animal. It's very similar to a produce CSA, except the product is milk from your shared animal. Herd shares are the only way to access unpasteurized milk in Michigan, short of keeping your own livestock.

RESOURCES

Marquette Food Co-op

www.marquettefood.coop

We offer a one-stop shopping experience for quality, healthy foods with nutritional integrity, and an extensive range of vitamins, minerals, and natural remedies and supplements. Visit our website to download newsletters, sale flyers, recipes, and keep updated with area news and events hosted by the Marquette Food Co-op.

Michigan State University Extension

msue.anr.msu.edu

Supporting agriculture—Michigan's second-largest industry—is key to a brighter future. Michigan State University Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through

Michigan Department of Agriculture & Rural Development

www.michigan.gov/mdard

The mission of the Michigan Department of Agriculture & Rural Development is, "To protect, promote and preserve the food, agricultural, environmental, and economic interests of the people of Michigan." Visit this site to keep updated on agricultural regulations, licenses, and food safety alerts.

Local Harvest

www.localharvest.org

LocalHarvest is America's #1 organic and local food website, maintaining a definitive and reliable "living" public nationwide directory of small farms, farmers markets, and other local food sources. The LocalHarvest search engine helps people find products from family farms, local sources of sustainably grown food, and encourages them to establish direct contact with small farms in their local area. The online store helps small farms develop markets for some of their products beyond their local area.

Slow Food USA

www.slowfoodusa.org

Slow Food is an idea, a way of living and a way of eating. It is a global, grassroots movement with thousands of members around the world that links the pleasure of food with a commitment to community and the environment.

Culinate

www.culinate.com

Culinate's content—articles, cooking tips, interviews, recipes, podcasts, food news—helps people put real food at the center of their lives. This site helps answer questions like: Where does our food come from? How's it produced? What does the phrase "you are what you eat" mean in the 21st century?

U.P. Food Exchange

www.upfoodexchange.com

The U.P. Food Exchange (UPFE, The Exchange) is an entity created in November of 2012 with funds from a Regional Food Systems Grant from the Michigan Department of Agriculture and Rural Development. UPFE supports the local food activities already taking place within the Upper Peninsula's distinct regions (eastern, central, western), and assists with the development and ongoing maintenance of the three successful regional food hubs. UPFE serves as a resource portal for farmers, businesses, and individuals looking to connect with and actively participate in their local food system.

FARMERS MARKETS

C armers markets are community gathering places where people socialize, take a break from their busy lives, and appreciate the beauty of being outside in the fresh air. They are good for people, good for local economies, and good for the Earth. If we've missed a market near you, please contact us and we'll be sure to include them in the next edition.

Alger

Munising Farmers and Artisans Market

100 Veterans Memorial Drive, Munising 49862
906 202-3030 / munisingmarket@gmail.com *Find us on Facebook*Late May – Early October
Tue: 4 PM-7 PM
EBT, Senior Project Fresh, WIC Project Fresh, Cash/
Check, Double Up Food Bucks

Chippewa

Pickford Farmers Market

148 E John St, Pickford 49774 906 647-8500 / pickfordfarmermarket@hotmail.com *Find us on Facebook* **Late May – Late October** Thu: 4 PM-6 PM **Senior Project Fresh, WIC Project Fresh, Cash/Check**

Sault Ste Marie Farmers Market

1970 S Cameron Lane, Sault Ste Marie 49783 906 635-5118 / nancyflorence_2000@yahoo.com Early June – Late September Wed: 4 PM-4:30 PM Senior Project Fresh, WIC Project Fresh, Cash/Check

Village Farmers Market

178 S Ontario St, De Tour Village 49725 906 297-5471 / clerk@detourvillage.org *Find us on Facebook* Late May – Late September Sat: 1 AM-1 PM Cash/Check

Delta

Escanaba Farmer's Market

9th Street and 1st Ave North, Escanaba 49829 906 789-8696 / escanabadda@att.net www.escanabadda.org Find us on Facebook Early May – Late October Wed: 3 PM-6 PM Sat: 8 AM-12 PM EBT, Senior Project Fresh, WIC Project Fresh, Cash/ Check, Double Up Food Bucks

Gladstone Farmers Market and Street Fair

911 Delta Ave, Gladstone 49837 906 280-5769 / ahanson@gladstonemi.com *www.gladstonemi.org* **Year-round** Mon: 3 PM-6 PM **EBT, Double Up Food Bucks**

Nahma Township Farmers Market

12191 Hwy US 2, Nahma 49864 906 553-1027 / kfries1226@yahoo.com *Find us on Facebook* Fri: 4 PM-6 PM **Cash/Check**

Dickinson

Iron Mountain Farmers and Artisans Market

501 South Stephenson Ave, Iron Mountain 49801 906 774-4002 / hsrhnschaub@att.net Early June – Late October Sat: 8 AM-12 PM

FARMERS MARKETS

Gogebic

Ironwood Township Farmers Market

Ironwood Airport on Airport Road, Ironwood 49938 906 364-0057 / simsnsons2003@yahoo.com Early June – Late October Tue: 4 PM-6 PM Cash/Check

Old Depot Farmers and Artisans Market

Ironwood Historic Depot Park, Ironwood 49938 906 285-7086 / rduncanson47@gmail.com *Find us on Facebook* Late July – Late October Fri: 2 PM-6:30 PM Cash/Check

Houghton

Lake Linden Farmers Market

Lake Linden Village Park, Lake Linden 49945 906 369-3449 / lakelindenfarmersmarket@gmail.com Early July – Late October Sat: 1 AM-12 PM Cash/Check

Main Street Calumet Market

5th and Portland St, Calumet 49913 269 270-9783 / northharvestcsa@gmail.com www.mainstreetcalumet.com/msc_market Find us on Facebook Early July – Early October Sat: 1 AM-2 PM Cash/Check

Iron

Porter School Farmers Market

303 E Center Street, Alpha 49902 906 875-6328 / jharp@upcsi.com *www.porterschoolmarketplace.com* **Early June – Late October** Sat: 9 AM-12 PM **EBT, Senior Project Fresh, WIC Project Fresh, Cash/Check**

Luce

Newberry Farmers Market

Newberry Äve, Newberry 49868 906 440-6377 / jjlasslett@hotmail.com *Find us on Facebook* **Early June – Early October** Thu: 3 PM-5 PM **Senior Project Fresh, WIC Project Fresh, Cash/Check**

Mackinac

Bayside Farmers Market

11 S St, St Ignace 49781 906 643-8717 / sichamber@lighthouse.net www.saintignace.org Find us on Facebook Early July – Late August Thu: 4 PM-7 PM Debit/Credit, Cash/Check

Curtis Farm Market

Saw-Wa-Quato St, Curis 49820 906 586-3021 / b3aud1n@gmail.com Late July – Late September Wed: 2 PM-5 PM Senior Project Fresh, WIC Project Fresh

Les Cheneaux Farmers Market

2900 W M-134, Hessel 49745 906 484-3935 / welcomecenter@lescheneaux.org *Find us on Facebook* **Early June – Late October** Fri: 4 PM-7 PM **Cash/Check**

Marquette

Big Bay Farm Market 308 Bensinger Road, Big Bay 49808 906 250-3350 / bigbayoutfitters@hotmail.com Early July – Mid November Sat: 9 AM-11 AM Cash/Check

FARMERS MARKETS

Downtown Marquette Farmers Market

112 S Third Street, Marquette 49855 906 326-3276 / marketmanager@mqtfarmersmarket.com *www.mqtfarmersmarket.com Find us on Facebook* Late May – Mid December Sat: 9 AM-1 PM EBT, Debit/Credit, Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Ishpeming Farmers Market

200 Main St, Ishpeming 49849 rldevlin2000@yahoo.com **Early June – TBA** Thu: 4 PM-2 AM *Cash/Check*

Jackson Mine Farmers and Crafters Market

Corner of Maas St and US 41, Negaunee 49866 906 869-4859 / market@cityofnegaunee.com *www.cityofnegaunee.com Find us on Facebook* **Early June – Late August** Wed: 4 PM-7 PM **EBT, Senior Project Fresh, WIC Project Fresh**

Republic Farmers Market

Munson Park, Republic 49879 906 376-2139 / owilliams3411@att.net Early August – Late September Sat: 1 AM-12 AM Cash/Check

Menominee

Daggett Farmers Market

318 Cty Rd 358, Daggett 49821 906 753-4056 / anderse@fwsdaggett.us Early June – Early November Tue-Sat: 8 AM-6 PM Cash/Check

Menominee County Farm and Food Exchange

3937 10th St, Menominee 49858 906 639-3377 / info.mcffe@gmail.com www.realtimefarms.com/market/menominee-county-farmand-food-exchange Find us on Facebook Year-round Sat: 9 AM-12 PM EBT, Senior Project Fresh, WIC Project Fresh, Cash/ Check, Double Up Food Bucks

Menominee Historic Downtown Farmers Market

Corner of 1st St & 8th Ave, Menominee 49858 906 863-8718 / menomineefrmmkt@hotmail.com www.menomineefarmersmarket.com Find us on Facebook Early June – Early October Wed: 3 PM-5 PM Sat: 8 AM-12 PM EBT, Debit/Credit, Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Schoolcraft

Manistique Farmers Market

180 N Maple St, Manistique 49854 906 450-4240 / manistiquefarmersmarket@gmail.com www.manistiquefarmersmarket.com Find us on Facebook Late May – Late September Wed: 4 PM-6 PM Cash/Check

COMMUNITY GARDENS

Denefits of community gardens range from obvious (preserving green space, beautifying neighborhoods, producing nutritious food) to subtle (improving quality of life through recreation, exercise, therapy, education, social interaction—even reducing crime). To learn how to start a garden, visit www.communitygardens.org.

Baraga

Keweenaw Bay Community Garden

208 Main St, Baraga 49908 906 353-8152 / loonsfoot292000@hotmail.com *Find us on Facebook*

Chippewa

Sault Community Gardens

Bingham/Kimball & Peck Street, Sault Ste Marie 49783 906 632-5768 / dwallis@sault.com

Delta

Esky Grow

900 Block 1st Ave, Escanaba 49829 906 280-1887 / eskygrow@gmail.com *Find us on Facebook*

Dickinson

Iron Mountain Community Garden

400 Block of East Hughitt St, Iron Mountain 49801 906 774-8530 / info@imcommunitygarden.org www.imcommunitygarden.org

Gogebic

Norrie Park Community Gardens Ironwood 49938 906 932-2543

Houghton

Pewabic Street Community Garden 300 South Street, Houghton 49931 906 483-3754 / sacheney@chartermi.net

Ryan Street Community Garden

Corner of Ryan and Road Street, Hancock 49930 906 483-0936 / skrc@finlandia.edu www.ryanstreetgarden.blogspot.com

Marquette

Chocolay Community Garden

224 Silver Creek Road, Harvey 49855 906 225-0139 / chall@tnc.org www.chocolay.org/communityprojects/communitygarden.php Find us on Facebook

Grace Community Garden

301 N 1st St, Ishpeming 49849 906 486-6304 / ronrhocking@gmail.com

KI Sawyer Community Garden

Scorpion St and Tarzon St, Gwinn 49841 906 346-9684 / jkjkvj@aol.com *Find us on Facebook*

Marquette Community Gardens

Park Cemetery, Presque Isle, Marquette 49855 906 250-3909 / taragmqt@att.net www.marquettecommunitygardens.org

UP Health System-Bell

901 Lakeshore Drive, Ishpeming 49849 906 485-2751 / julie.solka@bellmi.org www.bellhospital.org

BUSINESSES

Local food is an ever expanding part of the U.P.'s economy. As demand grows, businesses are responding by adding local food to their menus and stocking local food on their shelves and in their coolers. You can encourage this trend by choosing to spend your dollars at businesses that carry local foods.

Alger

Harvest Market

111 Elm Ave, Munising 49862 906 387-1117 / rondiolson@gmail.com www.upharvesthouse.com Find us on Facebook Mon-Fri: 1 AM-5 PM

Rock River Cafe

N5298 Rock River Rd, Chatham 49816 906 439-5509 / pat_freeman@rockrivercafe.com www.rockriverlocavore.blogspot.com Find us on Facebook May-October Sun-Mon: 7 AM-3 PM Tue-Sat: 7 AM-9 PM

Chippewa

Harmony Health Foods

217 Ashmun St, Sault Ste Marie 49783 906 632-4077 / stwardy@harmonyfoodsonline.com www.harmonyfoodsonline.com Find us on Facebook Mon-Sat: 9 AM-5:30 PM

Karl's Cuisine Cafe and Winery

447 W Portage Ave, Sault Ste Marie 49783 906 253-1900 / info@karlscuisine.com www.karlscuisine.com Find us on Facebook Mon-Tue: 11 AM-4 PM Wed-Sat: 11 AM-2 AM

Delta

Healthway Nutrition Store

2307 1st Avenue South, Escanaba 49829 906 786-2320 / healthwaynutrition@hotmail.com *www.healthway-escanaba.com* Sun: 11 AM-3 PM Mon-Thu: 1 AM-6 PM Fri: 1 AM-5 PM

Gogebic

Northwind Natural Foods Co-op

116 S Suffolk St, Ironwood 49938 906 932-3547 / evannfc@sbcblobal.net www.northwindcoop.org Find us on Facebook Mon-Wed: 9 AM-6 PM Thu-Fri: 9 AM-7 PM Sat: 9 AM-6 PM

Houghton

G & A Farmers Market and Garden Center

400 W Sharon Ave, Houghton 49931 906 231-5004 / gandagarden@yahoo.com May-November Mon-Sat: 1 AM-7 PM

Keweenaw Co-op Market and Deli

1035 Ethel Ave, Hancock 49931 906 482-2030 / faye@keweenaw.coop *www.keweenaw.coop Find us on Facebook* Sun: 10 AM-5 PM Mon-Sat: 1 AM-2 AM

BUSINESSES

Keweenaw

Wood'n Spoon

174 Stanton Ave, Mohawk 49950 906 337-2435 / farmerjamman@gmail.com *www.woodnspoon.com Find us on Facebook* May-October Mon-Sat: 1 AM-5 PM

Mackinac

Les Cheneaux Culinary School

186 S Pickford Ave, Hessel 49745 906 484-4800 / zach@lcculinary.org www.lcculinary.org Find us on Facebook Tue-Thu: 11 AM-9 PM Fri-Sat: 11 AM-10 PM

Marquette

Babycakes Muffin Company

223 W Washington St, Marquette 49855 906 226-7744 / kdcakes@aol.com www.babycakesmuffincompany.com Find us on Facebook Sun: 8 AM-2 PM Mon-Sat: 6 AM-6 PM

Big Creek Hydroponics

555 Old Little Lake Road, Marquette 49855 906 249-5297 / hydroup@aol.com

Donckers

137 W Washington Ave, Marquette 49855 906 226-6110 / lakefiresky@yahoo.com www.donkersonline.com Find us on Facebook Sun: 8 AM-4 PM Mon-Sat: 7 AM-2 AM

Flower Works LLC

1007 N Third St, Marquette 49855 906 273-1335 / info@flowerworksmqt.com *www.flowerwoksmqt.com* Mon-Fri: 8:30 AM-6 PM Sat: 8:30 AM-4 PM

Marquette Food Co-op

502 W Washington Ave, Marquette 49855 906 225-0671 / outreach@marquettefood.coop www.marquettefood.coop Find us on Facebook Daily: 8 AM-9 PM

Rare Earth Goods

200 E Division St, Ishpeming 49849 906 485-5650 / winemaker3661@gmail.com www.rareearthgoods.net Find us on Facebook Sun: 1 AM-4 PM Mon-Sat: 11 AM-7 PM

Sweet Water Cafe

517 N Third St, Marquette 49855 906 226-7009 / swcmqt@att.net www.sweetwatercafe.org Find us on Facebook Sun: 8 AM-2 AM Mon-Tue: 8 AM-3 PM Wed-Sat: 8 AM-9 PM

The Marq Restaurant

113 W Baraga Ave, Marquette 49855 906 869-17174 / austin@marqrestaurant.com *Find us on Facebook* Tue-Thu: 5 PM-10 PM Fri-Sat: 5 PM-12 AM

Ontonagon

Wintergreen Foods

18334 State hwy M 38, Ontonagon 49953 wintergreenfoods@outlook.com wintergreenfoods.squarespace.com Find us on Facebook

FARMS | Alger County

Curchasing from a local farm economically supports families in your community and gives you access to nourishing and flavorful food. Through this guide, organized by county, you can get to know farms that grow food near you. All farms listed here sell directly to the public through area stores, farmers markets, or from the farm. If you wish to visit the farm or purchase directly from them don't forget to contact them first!

Alger

Fiddle Knoll Farm

N5167 Kuivinen Rd, Skandia 49885 906 439-5135 / skapla@tds.net www.fiddleknollfarm.com Find us on Facebook Meat, Fibers, Livestock Conventional

H58'kers Farmstead

E9795 County Rd H58, Munising 49862 906 202-3274 or 906 387-5070 / openwings@charter.net www.openwingspottery.com Find us on Facebook Vegetables, Fruits, Poultry, Flowers Available at Hilltop Store Authentic

Munising Public Schools Hoop House

810 M-28 West, Munising 49862 906 387-2103 / williamst@mps-up.com *Find us on Facebook* **Vegetables, Fruits Authentic**

Reh-Morr Farm

N5057 BensonEd, Eben Junction 49825 906 361-3710 / dbrabine@yahoo.com *Find us on Facebook*

Vegetables, Fruits, Honey, Maple Syrup, Flowers Available at Marquette Food Co-op, Marquette Farmers Market Authentic, MEAEP Verified CSA Includes: Vegetables

Rock River Farm

N6302 Rock River Rd, Chatham 49816 906 439-5233 / rrfarm@tds.net www.rockriverfarms.com Find us on Facebook Vegetables, Fruits, Poultry, Meat, Flowers, Trees Available at Marquette Farmers Market Authentic, MAEAP Verified CSA Includes: Vegetables, Flowers, Meat, Poultry

Rock River Perennial Garden and Greenhouse

N6301 Rock River Rd, Chatham 49816 906 250-4825 / eliseb@tds.net www.rockriverpg.com Find us on Facebook Vegetables, Fruits, Trees Available at Marquette Food Co-op, Marquette Farmers Market Authentic, MEAEP Verified

Shelter Bay Tomato Co. LLC

N10108 Shore Drive, Au Train 49806 906 892-8653 / tomatoes@tds.net www.shelterbaytomatoes.com Find us on Facebook Vegetables, Fruits, Mushrooms Available at Farmer's Market Authentic

Sleepy Hollow Farm

N7948 Koski Road, Munising 49862 906 892-8377 / sleepyhfarm@gmail.com Vegetables, Fruits, Mushrooms, Maple Syrup Available at Marquette Food Co-op, Marquette Farmers Market, Munising Farmers Market Authentic, CNG

FARMS | Alger, Baraga, Chippewa County

The North Farm at UPREC

N5431 Rock River Rd, Chatham 49816 906 439-5059 / thom1264@msu.edu www.msunorthfarm.org Find us on Facebook Vegetables, Fruits

Available at UP Food Exchange Online Marketplace, Marquette Food Co-op, Das Steinhaus, Babycakes Muffin Company Authentic, MAEAP Verified

Treasa's Treasures

N7561 La Combe Rd, Munising 49862 906 202-3030 / hortiholictreasa@yahoo.com Vegetables, Fruits, Maple Syrup, Flowers, Gourds, Trees Available at Downtown Marquette Farmers Market, Munising Farmers and Artisans Market, Marquette Food Co-op Authentic, CNG, MAEAP

Trenary Ducks and More

E2943 Timonen Rd, Trenary 49891 906 446-3126 / sales@trenaryducks.com *www.trenaryducks.com* Eggs Available at Marquette Food Co-op Authentic

Trenary Loam-Grown

N863 Winters Road, Trenary 49891 906 202-9018 / klakanen@gmail.com Vegetables Available at Marquette Farmers Market Authentic

Winding Creek Farm

N5115 Oja Road, Chatham 49816 906 439-5284 / wtrierweiler@tds.net Honey, Hay Authentic

Baraga

Grand Bee's

16738 Pine Creek Rd, Pelkie 49958 906 524-7343 / dangr49946@yahoo.com *www.grand-bees.tripod.com Find us on Facebook* **Honey** Available at Oralie's, Marquette Food Co-op, Super One, Econo Foods, Valle's Market, Stitch in Time, Champion Convenience Store, Pat's IGA, Larry's, Karvakkos, Covington Convenience Store **Conventional**

Chippewa

A&A Bison

10502 S Kinross Rd, Dafter 49724 906 632-6295 / gerilynn60@hotmail.com Meat, Livestock Authentic

Bay Mills Maple Products

18310 W Shields Rd, Brimley 49715 906 437-5470 / uptrimmer@gmail.com Vegetables, Mushrooms, Maple Syrup, Hay Available at Sault Farmers Market Authentic

Beaver Meadow Creek Farms

5600 Shunk Rd, Sault Ste Marie 49783 906 253-9670 / beavermeadowfarms@att.net *Find us on Facebook* **Vegetables, Fruits, Meat** Available at Sault Ste Marie Farmers Market **Conventional** CSA Includes: Vegetables, Fruits

Circle K Buffalo Ranch

8596 W 19 Mile Rd, Rudyard 49780 906 478-7531 / kabatsusan@ymail.com *www.circlekbuffalo.com Find us on Facebook* **Meat** Available at Marquette Meats, Northern Meats, Neville's Market, Harmony Health Foods, Mackinac Fish **Conventional**

FARMS | Chippewa County

Collins Farm

1628 W. Townline Rd, PIckford 49774 906 647-2011 / esc413@centurytel.net Fibers, Livestock Conventional

Drummond Farms

34735 Townline Road, Drummond Island 49726 906 493-5861 / drummondfarms1@gmail.com *Find us on Facebook* **Vegetables, Fruits** Available at Local farmers markets **Conventional**

Dutcher Farm

25525 S. Angora Rd, Goetzville 49736 906 297-2120 / dutchfarm@sault.com Vegetables, Eggs, Poultry, Meat, Livestock Available at Sault Ste Marie Farmers Market, Pickford Farmers Market, Harmony Health Foods Authentic

Galloway's Red Clay Ranch

5696 W Townline Rd, Pickford 49774 906 647-2140 / galloway@lighthouse.net Vegetables, Eggs, Meat, Hay, Livestock Authentic

Grossman Farmacy

23349 S M 129, Pickford 49774 906 440-7137 / fudellak@hotmail.com Vegetables, Eggs, Poultry, Meat, Hay, Livestock Authentic

Haylake Horticultural Services/Haylake Business Communications

7865 S Nicolet Rd, Sault Ste Marie 49783 906 322-4264 / moranneil@hotmail.com Vegetables, Flowers Authentic

Love Farms/Love Meats

12361 W. Turner Rd, Rudyard 49780 906 478-5201 or 906 478-2050 / lovefarms@lighthouse.net **Eggs, Poultry, Small Grains, Meat, Fibers, Livestock** Available at Love Meats Inc. **Authentic, MAEAP Verified**

Northern Michigan Honey

12063 Shunk Rd, Rosedale 49724 906 632-0581 / honeybush@gmail.com

Honey Available at Harmony Health Foods, Neville's Superette, Parmers Market, Sault Glen's Market, Rudyard Co-op, Pickford Co-op, Snickerdoodles, The Cottage, Cedarville Foods, Rahilly's IGA, Mac's Market Conventional

RMG Maple Products, Inc.

11866 W Thompson Road, Rudyard 49780 906 478-3038 / mjross@lighthouse.net wwww.rmgmaple.com Find us on Facebook **Maple Syrup** Available at Marquette Food Co-op, Glen's Market, Neville's Supprette, Zodiac Party Store **Authentic, Certified Organic**

RootDown River Farm

6657 E Blair Rd, Pickford 49774 906 647-1444 / amy_bski@yahoo.com *Find us on Facebook* **Vegetables, Fruits, Eggs, Poultry, Meat, Fibers, Hay, Livestock Authentic**

Ski Country Farm

2281 W. 7 Mile Rd, Sault Ste Marie 49783 906 630-7414 / skicountryfarm@gmail.com www.skicountryfarm.weebly.com Find us on Facebook Vegetables, Fruits, Flowers Available at Sault Ste Marie Farmers Market Conventional, MAEAP Verified CSA Includes: Vegetables

Superior Fruit and Nut

Maple Road, Dafter 49726 906 253-9316 / rblanchard@lssu.edu Fruits Available at Neville's Market Conventional

Susie Island Farms

28905 S Hanna Rd, Pickford 49774 906 647-3213 / susieislandfarms@gmail.com *www.susieislandfarms.com* **Vegetables, Fruits, Mushrooms, Eggs, Poultry** Available at Pickford Farmers Market, Hessel Farmers Market, Detour Farmers Market **Authentic**

Sweet Grass Farms

26409 S Pennington Rd, Pickford 49974 906 647-1110 / sweetgrassfarms@yahoo.com *Find us on Facebook* **Eggs, Poultry, Meat, Fibers, Trees, Hay, Livestock** Available at Cherry Capital Foods **Conventional**

Van Luven Farm

4465 E 9 Mile Rd, Sault Ste. Marie 49783 906 635-0696 / melvanluven@yahoo.com Vegetables, Small Grains, Hay, Livestock, Straw Conventional

Wallis Family Farm

7538 W M48, Rudyard 49780 906 984-4070 / upshepherd@hotmail.com www.lswoolen.com Meat, Fibers, Hay, Livestock Authentic, MAEAP Verified

Wind Dance Farm

12751 S Shunk Rd, Dafter 49724 906 253-1815 / quercus@lighthouse.net Vegetables, Fruits, Eggs, Fibers Available at Sault Ste Marie Farmers Market, Pickford Farmers Market Authentic

FARMS | Chippewa, Delta County

Yooper Yaks/Allans Acres

2118 W Eight Mile Road, Sault Ste Marie 49783 906 632-6870 / tallan@lssu.edu www.yooperyaks.com Meat, Livestock Available at Harmony Health Foods Authentic

Delta

Eden of Garden 12 75 Ln, Garden 49835 906 644-2722 / dena.rissman@gmail.com Vegetables, Fruits, Gourds Available at Garden Farmers Market at the Garden Pavillion Authentic

Four Seasons Farm

3474 St Nicholas Rd, Rock 49880 906 359-4825 / hayescornmaze@yahoo.com www.fourseasonsnaturalbeef.com Vegetables, Meat Authentic, MAEAP Verified

Guindon Farms

9111 County 416 H Rd, Cornell 49818 906 384-6517 / guinbt13@sbcglobal.net www.guindonfarms.com Find us on Facebook Meat, Livestock Available at Marquette Food Co-op, Marquette Farmers and Artisans Market, Rare Earth Goods Authentic, Certified Organic, CNG

Hall Farms

2623 St Nicholas 31sr Drive, Rock 49880 906 359-4818 / teressajhall@yahoo.com Vegetables, Hay Conventional

J & J Triple Creek Farm

2528 Triple Creek 23rd Rd, Cornell 49818 906 280-3109 **Vegetables** Available at Marquette Food Co-op **Authentic**

FARMS | Delta, Dickinson, Gogebic County

Marenger's Potato Farm

Cornell 49818 906 384-6351 / nmarenger@hotmail.com Vegetables, Small Grains, Gourds, Hay, Straw Conventional

Middleton Maple Farm

3038 Hunters Brook 28.5 Lane, Cornell 49818 906 384-6406 / jimmmiddle@gmail.com www.middletonmaplefarm.com Maple Syrup Authentic

Northern Sun Winery

983 10th Rd, Bark River 49807 906 399-9212 / northernsunwinery@gmail.com *www.northernsunwinery.com Find us on Facebook* **Wine & Beer** Available at Elmer's, Marquette Food Co-op, Michigan Beer and Wine **Conventional, MEAEP Verified**

Pellegrini Farm 2702 16.5 Rd, Escanaba 49829 906 786-5140 / davepelleg@gmail.com www.pellegrinifarms.com Find us on Facebook Vegetables

Conventional, MEAEP Verified

Superior Angus

14787 US Hwy 41, Rapid River 49878 906 235-5853 / superiorangus@tds.net www.superiorangus.com Find us on Facebook **Meat, Livestock** Available at Marquette Food Co-op **Conventional, MAEAP Verified**

VanDrese Potato and Dairy Farm

4185 Meadow 24th Lane, Cornell 49818 906 384-6570 / javgjv@yahoo.com Vegetables, Dairy, Hay, Livestock, Straw Conventional, MAEAP Verified

Dickinson

Harvest Moon Farm

N5655 Creed Drive, Iron Mountain 49801 906 221-2130 / ellis92102@sbcglobal.net *Find us on Facebook* **Vegetables, Fruits, Eggs, Poultry, Meat Authentic**

Mayapple Cottage Herb Farm

W8756 Peterson Dr, Iron Mountain 49801 906 779 2320 / mayapplecottage@hotmail.com *Find us on Facebook* **Fruits Authentic**

Pilot's Pastures

W9402 Peterson Drive, Iron Mountain 49801 906 221-0308 / cepilot67@gmail.com Eggs, Poultry, Meat, Hay Conventional

Slagle's Family Farm

W4563 Hwy M-69, Felch 49831 906 221-5937 / slaglesfamilyfarm@gmail.com *www.slaglesfamilyfarm.com Find us on Facebook* **Vegetables, Fruits, Eggs, Meat, Honey, Maple Syrup, Flowers, Gourds, Trees, Hay, Livestock** Available at Iron Farmers Market, Escanaba Farmers Market, Veteran Affairs Market, Marquette Farmers Market, Marquette Food Co-op **Authentic** CSA Includes: Vegetables

Gogebic

Powderhorn Farm N 11545 Powderhorn Rd, Bessemer 49911 906 285-1042 / gary@powderhornfarm.com *Find us on Facebook* Vegetables, Fruits, Meat, Hay Available at Iron County Farmers Market, Depot Park Farmers Market Authentic

FARMS | Gogebic, Houghton County

Taiga Farm and Vineyards

E 4512 Orchard Rd, Ironwood 49938 608 345-1916 *Find us on Facebook* **Vegetables, Wine, Livestock** Available at Ironwood Township Market **Conventional**

Whitney Creek Farm

N 7803 Siirila Road, Ironwood 49938 906 932-0235 *Find us on Facebook* **Eggs, Poultry, Meat, Livestock Conventional** CSA Includes: Dairy Cows

Houghton

Anya Farms, LLC 18454 Moscow Rd, Chassell 49916 906 481-1083 / ds@anyafarms.com *www.anyafarms.com Find us on Facebook* Vegetables, Fruits Available at Keweenaw Co-op, Direct from the farm Authentic

Blue Skies Cottage 606 Portage St, Houghton 49931

906 281-8572 / paul@blueskiesfarm.com www.blueskiesfarm.com Find us on Facebook Vegetables, Fruits, Honey Available at Hancock Tori Market Authentic

Cloverland Apiary and Farm

56480 N Cloverland Road, Calumet 49913 906 337-4333 / suzanna.raker@gmail.com Vegetables, Fruits, Small Grains, Honey, Hay, Livestock Available at Jam Pot, Farmer Q's Authentic, Certified Organic

Danielson's Sugarbush LLC

25993 Pike Lake Rd, Nisula 49952 906 338-2442 / mark@danielsonssugarbush.com *www.danielsonssugarbush.com* **Maple Syrup** Available at Marquette Food Co-op, Keweenaw Co-op, Pat's Foods, Wooden Spoon, Larry's Market, Super One Foods, Settler's Co-op, Open Wings Pottery, Jack's Fresh Market, Jack's IGA **Authentic, Certified Organic**

Dignity Farm

55829 N Cloverland Rd, Calumet 49913 906 370-1263 / katie@dignityfarm.com www.dignityfarm.com Vegetables, Fruits, Mushrooms, Eggs, Poultry, Dairy, Maple Syrup, Flowers, Livestock Available at CSA Authentic CSA Includes: Vegetables, Fruits, Poultry, Eggs

Gierke Blueberry Farm

37915 Klingville Road, Chassell 49916 906 523-6612 / jsgierke@yahoo.com www.gierkeblueberryfarm.blogspot.com Find us on Facebook Fruits Authentic

Makinen Farm

40326 Lower Worham Road, Chassell 49916 906 523-9018 / acmorrissey713@att.net Eggs Authentic

Miller Family Farm

18020E S Lake Ave, Tapiola 49958 906 334-2434 / millerfamilyfarm906@gmail.com *Find us on Facebook* **Vegetables, Poultry** Available at Hacock Tori, G&A Farm Market **Authentic**

FARMS | Houghton, Iron, Luce County

North Harvest CSA Farm

Calumet 49913 269 270-9783 / northharvestcsa@gmail.com www.northharvestcsa.com Find us on Facebook Vegetables, Fruits, Flowers Authentic CSA Includes: Vegetables, Fruits, Flowers

North Pole Christmas Tree Farm

27251 Amygdaloid St, Calumet 49913 906 337-0144 / cbtorola@aol.com Christmas Trees Conventional

Organic Heirloom Plants

51594 Boston Road, Hancock 49930 906 231-1496 / sales@organicheirloomplants.com www.organicheirloomplants.com Find us on Facebook Vegetables, Fruits, Flowers, Gourds, Trees Authentic, CNG

Osma Acres Farm CSA

53464 Osma Acres Rd, Houghton 49931 906 483-0586 / manager@osmaacresfarm.com www.osmaacresfarm.com Vegetables, Fruits, Gourds Conventional CSA Includes: Vegetables

Peaceful Valley Farm

15444 Niemi Road, Atlantic Mine 49905 906 482-9321 / peacefulvalleyfarm.mi@gmail.com Vegetables, Fruits, Eggs, Meat, Honey, Maple Syrup Available at Bookworm Used Bookstore and Coffee Shop Authentic

Red Rock Farm

40659 Jacobsville Rd, Lake Linden 49945 906 482-5534 / shari@bobfill.com *Find us on Facebook* **Vegetables, Fruits, Eggs, Livestock**

Available at Lake Linden Farmer's Market, Direct from farm, UNFI Food Club delivery at St Peter and Paul Lutheran Church in Houghton (advance purchase only) Authentic

St Johns Creek Farm

551744 St Johns Creek Rd, Hancock 49930 906 438-2187 / jeanmcparlan@gmail.com www.uplamb.com Meat, Livestock Conventional

Superior View Farm

42395 Lakeview Rd, Toivola 49965 906 228-3308 / jmattila@alphacomm.net Meat, Livestock Conventional

Iron

Elson's 2 Tracks Vegetable Farm

130 Buck Lake Road, Chrystal Falls 49920 906 224-0661 / mce459@yahoo.com www.porterschoolmarketplace.com

Vegetables, Fruits Available at Porter School Farmers Market Authentic

Road's End Home Garden

547 Sheltrow Road, Crystal Falls 49920 906 282-0786 / woolylady7@aol.com Vegetables, Maple Syrup, Trees Conventional

Luce

Northern Sky Orchard

26304 M-28, McMillan 49853 313 640-8243 / jerrybishop@upfe.com Fruits Available at Sault Ste Marie Farmers Market, Munising Farmers Market, Engadine Farmers Markets Authentic

18 U.P. FOOD & FARM DIRECTORY

FARMS | Mackinac, Marquette County

Mackinac

Applecore 134

708 West M-134, Cedarville 49719 906 484-5001 / apolk@centurytel.net Fruits, Flowers

Available at Les Cheneaux Farmers Market, Pickle Point, Woods & Water Ecotours, Les Cheneaux Islands Art Gallery, Woolderness Fiber Arts & Gallery, The Cottage of Les Cheneaux, Love's Meats Authentic

Backwoods Natural Farm

Exit 359 at I-75 and M-134, Hessel 49745 906 478-7201 / backwoodsnatural@gmail.com *Find us on Facebook* **Vegetables, Fruits, Mushrooms, Eggs, Honey, Maple Syrup, Trees** Available at Sault Ste Marie Farmers Market **Authentic**

Hiawatha Farms

N7319 Indian Trail, Engadine 49827 906 339-2586 / greenacres0609@yahoo.com Vegetables, Meat, Hay Available at Engadine Farmers Market Authentic

Jones Gardens

1379 E Swede Rd, Cedarville 49719 906 484-3102 / betjones13@yahoo.com Vegetables, Fruits, Flowers Available at Sault Ste. Marie Farmers Market Conventional CSA Includes: Vegetables

Moore's Salad Greens

N7201 Krause Rd, Engadine 49827 906 477-3047 / 8962dmoore@gmail.com **Vegetables, Eggs** Available at Engadine Farmers Market, Rahilly's IGA, Vallier's **Authentic**

Spinner' End Farm

W18336 S Curtis Rd, Curtis 49820 906 586-3767 / spinnersendfarm@gmail.com *www.spinnersend.etsy.com Find us on Facebook* **Eggs, Fibers** Available at The Lavender Cottage Quilt Shop **Conventional**

Swanzy Farm

860 North Martin Lake Road, Swanzy 49841 906 360-2868 / lester_perkins@yahoo.com Vegetables, Honey Available at Marquette Food Co-op, Kountry Korner in Gwinn on Tuesdays, Marquette Farmers Market, Negaunee Farmers Market Authentic

SweetWinds Farm

3467 E St Ignace Rd, Hessel 49745 906 484-2739 / nadine.cain@gmail.com Vegetables, Fruits, Eggs, Flowers Authentic

Marquette

Autumn's Golden Splendor, LLC PO Box 182, Big Bay 49808 906 250-3095 / autumnkjn@gmail.com

Mushrooms, Honey Authentic

Avalon Farm Alpacas

118 McLaughlin Rd, Skandia 49885 906 942-7599 / alpacaafa@aol.com www.avalonfarmalpacas.com Fibers, Livestock Conventional

Beaver Grove Bison

336 County Road 480, Marquette 49855 906 249-1126 / beavergrovebison@aol.com Meat, Livestock Authentic

FARMS | Marquette County

BSB Farm

467 Beckman Rd, Skandia 49885 906 942-7254 / hbelle9999@aol.com *Find us on Facebook* **Eggs, Poultry** Available at Marquette Food Co-op, Econo Foods **Authentic**

Cedar Creek Farm

678 Cherry Creek Road, Marquette 49855 906 232-9852 / cedarcreekfarmup@gmail.com Vegetables, Fruits, Mushrooms, Trees Available at Local restaurants Authentic

Dionysus

1652 Engman Lake Rd, Skandia 49885 906 360-1010 / dionysus1@ymail.com Vegetables, Fruits Conventional

Dukes Farm

254 Dukes Rd, Skandia 49885 906 942-7325 / caplettg@gmail.com *www.dukesfarm.net* **Vegetables, Fruits, Flowers** Available at Marquette Farmers Market, Marquette Food Co-op **Authentic** CSA Includes: Vegetables

Ever Yielding Acres

9042 US 41 South, Skandia 49885 906 362-5016 / everyieldingacres@yahoo.com *Find us on Facebook* **Vegetables, Fruits, Eggs, Poultry, Meat, Maple Syrup, Gourds, Trees, Livestock, Straw** Available at Marquette Farmers Market, Negaunee Farmers Market **Authentic**

Gather'n Greens

116 Arbutus Trail, Negaunee 49866 906 475-9338 / gatherngreens@hotmail.com Vegetables, Fruits, Mushrooms, Honey, Flowers Authentic

Goodwins Farm

436 Town Hall Rd, Skandia 49885 906 942-7061 / ggoodwindb@aol.com Eggs, Dairy, Maple Syrup, Livestock Authentic

Hannah's Garden

2503 Werner St Apt 2, Marquette 49855 906 226-2213 Vegetables, Fruits, Flowers, Trees Available at Marquette Farmers Market, Negaunee Farmers Market, Marquette Food Co-op

Authentic

Hyer Farm

306 Kunde Road, Skandia 49855 906 942-7546 / happyhyeracres@live.com Vegetables, Maple Syrup Available at Marquette Food Co-op Authentic

Lauren Family Farm, LLC

775 North River Dr, Gwinn 49841 906 346-7525 / rlauren@honorcu.com Poultry, Meat, Honey, Livestock Conventional

Mindowkin Sugarbush

Marquette 49855 906 346-4307 / jermohl@gmail.com **Maple Syrup** Available at Marquette Farmers Market **Authentic**

Moonrise Gardens

201 Greengarden Rd, Marquette 49855 906 235-4242 / moonrisegardens@gmail.com Vegetables, Fruits, Eggs, Poultry, Meat Authentic CSA Includes: Vegetables, Eggs

FARMS | Marquette, Menominee County

NMU Hoop House

Jacobetti Center, NMU, Marquette 49855 tswenor@nmu.edu *Find us on Facebook* **Vegetables, Fruits** Available at NMU's Culinary Cafe **Authentic**

Pirman Corner Farm

137 Lawson Road, Skandia 49885 906 942-7389 / hangitwsct@gmail.com Eggs, Meat, Livestock Conventional

Seeds and Spores Family Farm

724 Greenfield Rd, Marquette 49855 906 458-8616 / seedsandspores@miuplink.com *www.seedsandspores.com Find us on Facebook* **Vegetables, Fruits, Mushrooms, Eggs, Poultry, Meat, Flowers, Trees** Available at Marquette Food Co-op, Marquette Farmers Market **Authentic, CNG** CSA Includes: Vegetables, Meat

Shady Grove Farm U.P.

254 S Francis Mine Dr, Gwinn 49841 906 360-9124 / rlht@charter.net www.shadygrovefarmup.com Find us on Facebook Vegetables, Fruits, Mushrooms, Eggs, Poultry, Meat, Honey, Fibers Available at Mares Z Doats, Babycakes Muffin Company Authentic, CNG, MAEAP Verified

Speckled Hens Garden

6774 Caps Creek Road, Republic 49879 906 376-2267 / countrymom89@hotmail.com Vegetables Available at Republic Farmers Market Conventional

Virgin Earth Farm

2480 Yukon Trail, Republic 49879 906 629-6405 / greggreen_8@hotmail.com Vegetables, Flowers, Hay Available at Negaunee Farmers Market, Marquette Farmers Market, Marquette Food Co-op Authentic, CNG

Wiaters Farm and Adventures

219 Lawson Rd, Skandia 49885 906 942-7744 / cwiater@tds.net Vegetables, Poultry Available at Farmers Market Authentic

Winter Sky Wool Company

9497 County Road 510, Negaunee 49866 906 204-4310 / upwintersky@yahoo.com *www.winterskyshetlands.blogspot.com* **Vegetables, Fruits, Eggs, Fibers, Livestock** Available at Marquette Farmer's Market, Knitter's Niche **Conventional**

Wixtrom Natural Farms

4697 Fence River Road, Republic 49879 906 376-2136 or 906 250-0584 / mlwix@yahoo.com **Vegetables, Small Grains, Maple Syrup, Hay, Straw** Available at Marquette Food Co-op, UP Food Exchange, Sweet Water Cafe, Superior Entertainment **Authentic**

Menominee

Blueberry Pier N724 S P-3 Lane, Menominee 49858 906 863-8718 / dpier@new.rr.com www.menomineefarmersmarket.com Vegetables, Fruits Available at Menominee Historic Downtown Farmers Market Authentic, Certified Organic

CSA Includes: Vegetables, Fruits

FARMS | Menominee County

DeBacker Family Dairy, LLC

N9145 Badish Road, Dagget 49821 906 753-6455 / up.farmgirl.@yahoo.com www.debackerfamilydairy.com Find us on Facebook Eggs, Small Grains, Dairy, Meat, Honey, Maple Syrup, Livestock Conventional

Elmcrest Acres

W2244 Number 29 Rd, Daggett 49821 888 728-6982 / elmcrestacres@gmail.com www.elmcrestacres.com Find us on Facebook Meat, Christmas Trees, Livestock Conventional

Folcik Farm N14759 Old US 41, Carney 49812 906 399-3935 / john_folic@yahoo.com Mushrooms, Eggs, Meat, Hay, Livestock Available at Arrange for pick-up at Rainbow Packing Authentic

Happy Hill Ranch

W4561 34th Rd, Carney 49812 906 399-6414 or 906 399-6413 / mmess63@gmail.com Vegetables, Eggs, Poultry, Fish, Meat, Livestock Available at Gladstone Farmers Market, Escanaba Farmers Market Authentic

Immerfrost Farm

N8536 Pelkey Rd K 3, Stephenson 49887 920 786-8088 / immerfrostfarm@gmail.com *www.immerfrostfarm.com Find us on Facebook* **Vegetables, Fruits, Flowers, Trees** Available at Farm stand, Menominee County Farm and Food Exchange **Authentic, MAEAP Verified**

Jasper's Sugar Bush

W 1867 Co. Rd. 374, Carney 49812 906 639-2588 / jasper@alphacomm.net www.jaspermaple.com Find us on Facebook

Honey, Maple Syrup

Available at Gifts and Gear, Angelie Foods, Super One Foods, Econo Foods, Jack's IGA, Jubilee Foods, Elmer's Market Authentic

Smax Farm

N11492 Oakwood Road K-3, Dagget 49821 906 290-0568 / info@smaxfarm.com *www.smaxfarm.com Find us on Facebook* **Eggs, Poultry, Meat** Available at Drop off points in Menominee or Stephenson **Authentic**

Summer Solstice Farms

W5323 G-18 Rd, Carney 49812 906 639-3080 / summersolsticefarms@yahoo.com www.summersolsticefarms.weebly.com Find us on Facebook Vegetables, Eggs, Dairy, Hay, Livestock Authentic CSA Includes: Vegetables, Eggs

Sunny G Orchard

N9512 Co. Rd. 354, Stephenson 49887 906 290-4462 / sunnygcowgirl@hotmail.com *Find us on Facebook* **Fruits Conventional**

FARMS | Ontonagon, Schoolcraft County

Ontonagon

Algomah Acres Honey Farm and Meadery

29534 Post Office Rd, Mass City 49948 906 883-3894 / algomahacres@live.com www. algomahacreshoney.com Find us on Facebook Wine, Honey Authentic

Kolpack Farm

13670 M38 State Highway, Ontonagon 49953 906 362-5620 or 906 883-3151 / catrinaautofina@aol.com **Eggs, Poultry, Small Grains, Meat, Livestock, Straw** Available at Hancock Farmers Market, Ontonagon Farmers Market **Authentic**

Tolfree Farms

33014 Townline Road, Ontonagon 49953 906 884-2351 / countryj@jamadots.com Meat Conventional

White Birch Apiary 15646 Gem Hill Rd, Bruce Crossing 49912 906 827-3224 / whitebirchapiary@yahoo.com Honey, Maple Syrup Available at Local grocery stores Conventional

Wintergreen Farm

33122 US Hwy 45, Ontonagon 49953 906 884-4845 / wintergreenfarm@live.com www.wintergreenfarm.com Find us on Facebook Vegetables Available at Superior Farm Market, Tori Market, Lake Linden Farmers Market, Keweenaw Co-op, Northwind Co-op, Marquette Food Co-op Authentic CSA Includes: Vegetables

Schoolcraft

Rondeau's Ruff Acres

11812 W Spielmacher Rd, Cooks 49817 906 644-2777 / gdemars70@yahoo.com *www.upbeef.com* **Vegetables, Meat, Gourds, Hay** Available at Manistique Farmers Market, Munising Farmers Market, Garden Farmers Market **Conventional**

U.P. Sugar Shack

760 W US Hwy 2, Blankey Park 49817 906 283-3275 / mmajszak@wildblue.net www.upsugarshack.com Honey, Maple Syrup Authentic

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Dairy

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Eggs

Backwoods Natural Farm BSB Farm DeBacker Family Dairy, LLC Dignity Farm Dutcher Farm Ever Yielding Acres Folcik Farm Galloway's Red Clay Ranch Goodwins Farm Grossman Farmacy Happy Hill Ranch Harvest Moon Farm Kolpack Farm Love Farms/Love Meats Makinen Farm Moonrise Gardens Moore's Salad Greens Peaceful Valley Farm Pilot's Pastures Pirman Corner Farm Red Rock Farm RootDown River Farm Seeds and Spores Family Farm Shady Grove Farm U.P. Slagle's Family Farm Smax Farm Spinner' End Farm Summer Solstice Farms Susie Island Farms Sweet Grass Farms SweetWinds Farm Trenary Ducks and More Whitney Creek Farm Wind Dance Farm Winter Sky Wool Company

Fibers

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Fish

Happy Hill Ranch

Flowers

Applecore 134 Dignity Farm Dukes Farm Gather'n Greens H58'kers Farmstead Hannah's Garden Havlake Horticultural Services/Havlake Business Communications Immerfrost Farm Iones Gardens North Harvest CSA Farm Organic Heirloom Plants Reh-Morr Farm Rock River Farm Seeds and Spores Family Farm Ski Country Farm Slagle's Family Farm SweetWinds Farm Treasa's Treasures Virgin Earth Farm

Fruits

Autumn's Golden Splendor, LLC Backwoods Natural Farm Beaver Meadow Creek Farms Blue Skies Cottage Blueberry Pier Cedar Creek Farm Cloverland Apiary and Farm Dignity Farm Drummond Farms Dukes Farm Dutcher Farm Ever Yielding Acres Gierke Blueberry Farm Hannah's Garden Harvest Moon Farm Hver Farm Immerfrost Farm Makinen Farm Miller Family Farm Moonrise Gardens Munising Public School Hoop House North Harvest CSA Farm Northern Sky Orchard Organic Heirloom Plants Osma Acres Farm CSA Pellegrini Farm Powderhorn Farm Red Rock Farm Road's End Home Garden Rock River Farm Rondeau's Ruff Acres Seeds and Spores Family Farm Shady Grove Farm U.P. Ski Country Farm Slagle's Family Farm Sleepy Hollow Farm Sunny G Orchard

Superior Fruit and Nut Susie Island Farms Swanzy Farm Treasa's Treasures Winter Sky Wool Company

Gourds

Eden of Garden Ever Yielding Acres Marenger's Potato Farm Organic Heirloom Plants Osma Acres Farm CSA Rondeau's Ruff Acres Slagle's Family Farm Treasa's Treasures

Hay

Bay Mills Maple Products Cloverland Apiary and Farm Folcik Farm Galloway's Red Clay Ranch Grossman Farmacy Hall Farms Hiawatha Farms Marenger's Potato Farm Pilot's Pastures Powderhorn Farm Rondeau's Ruff Acres RootDown River Farm Slagle's Family Farm Summer Solstice Farms Sweet Grass Farms Van Luven Farm VanDrese Potato and Dairy Farm Virgin Earth Farm Wallis Family Farm Winding Creek Farm Wixtrom Natural Farms

Herbs

Anya Farms, LLC Applecore 134 Backwoods Natural Farm Badger Creek Farm Beaver Meadow Creek Farms Blue Skies Cottage Blueberry Pier Cedar Creek Farm Cloverland Apiary and Farm Dignity Farm Dionysus Drummond Farms Dukes Farm Eden of Garden Elson's 2 Tracks Vegetable Farm Ever Yielding Acres Gather'n Greens H58'kers Farmstead Hannah's Garden Harvest Moon Farm Immerfrost Farm Jones Gardens Mayapple Cottage Herb Farm

Moonrise Gardens Munising Public School Hoop House NMU Hoop House North Harvest CSA Farm Organic Heirloom Plants Osma Acres Farm CSA Peaceful Valley Farm Powderhorn Farm Red Rock Farm Reh-Morr Farm Rock River Farm Rock River Perennial Garden and Greenhouse RootDown River Farm Seeds and Spores Family Farm Shady Grove Farm U.P. Shelter Bay Tomato Co. LLC Ski Country Farm Slagle's Family Farm Sleepy Hollow Farm Susie Island Farms SweetWinds Farm The North Farm at UPREC Treasa's Treasures Wind Dance Farm Winter Sky Wool Company

Honey

Algomah Acres Honey Farm and Meadery Autumn's Golden Splendor, LLC Backwoods Natural Farm Blue Skies Cottage Cloverland Apiary and Farm DeBacker Family Dairy, LLC Gather'n Greens Grand Bee's Jasper's Sugar Bush Lauren Family Farm, LLC Northern Michigan Honey Peaceful Valley Farm Reh-Morr Farm Shady Grove Farm U.P. Slagle's Family Farm Swanzy Farm U.P. Sugar Shack White Birch Apiary Winding Creek Farm

Livestock

A&A Bison Avalon Farm Alpacas Badger Creek Farm Beaver Grove Bison Cloverland Apiary and Farm Collins Farm DeBacker Family Dairy, LLC Dignity Farm Dutcher Farm Elmcrest Acres Ever Yielding Acres Fiddle Knoll Farm Folcik Farm

FARM PRODUCT INDEX

Galloway's Red Clay Ranch Goodwins Farm Grossman Farmacy Guindon Farms Happy Hill Ranch Kolpack Farm Lauren Family Farm, LLC Love Farms/Love Meats Pirman Corner Farm Red Rock Farm RootDown River Farm Slagle's Family Farm St Johns Creek Farm Summer Solstice Farms Superior Angus Superior View Farm Sweet Grass Farms Taiga Farm and Vineyards Van Luven Farm VanDrese Potato and Dairy Farm Wallis Family Farm Whitney Creek Farm Winter Sky Wool Company Yooper Yaks/Allans Acres

Maple Syrup

Backwoods Natural Farm Badger Creek Farm Bay Mills Maple Products Danielson's Sugarbush LLC DeBacker Family Dairy, LLC Dignity Farm Ever Yielding Acres Goodwins Farm Hver Farm Jasper's Sugar Bush Middleton Maple Farm Mindowkin Sugarbush Peaceful Valley Farm Reh-Morr Farm RMG Maple Products, Inc. Road's End Home Garden Slagle's Family Farm Sleepy Hollow Farm Treasa's Treasures U.P. Sugar Shack White Birch Apiary Wixtrom Natural Farms

Meat

A&A Bison Beaver Grove Bison Beaver Meadow Creek Farms Circle K Buffalo Ranch DeBacker Family Dairy, LLC Dutcher Farm Elmcrest Acres Ever Yielding Acres Fiddle Knoll Farm Folcik Farm Four Seasons Farm Galloway's Red Clay Ranch Grossman Farmacy Guindon Farms Happy Hill Ranch Harvest Moon Farm Hiawatha Farms Kolpack Farm Lauren Family Farm, LLC Love Farms/Love Meats Moonrise Gardens Peaceful Vallev Farm Pilot's Pastures Pirman Corner Farm Powderhorn Farm Rock River Farm Rondeau's Ruff Acres RootDown River Farm Seeds and Spores Family Farm Shady Grove Farm U.P. Slagle's Family Farm Smax Farm St Johns Creek Farm Superior Angus Superior View Farm Sweet Grass Farms Tolfree Farms Wallis Family Farm Whitney Creek Farm Yooper Yaks/Allans Acres

Mushrooms

Autumn's Golden Splendor, LLC Backwoods Natural Farm Bay Mills Maple Products Cedar Creek Farm Dignity Farm Folcik Farm Gather'n Greens Seeds and Spores Family Farm Shady Grove Farm U.P. Shelter Bay Tomato Co. LLC Sleepy Hollow Farm Susie Island Farms

Poultry BSB Farm

Dignity Farm Dutcher Farm Ever Yielding Acres Grossman Farmacy H58'kers Farmstead Happy Hill Ranch Harvest Moon Farm Kolpack Farm Lauren Family Farm, LLC Love Farms/Love Meats Miller Family Farm Moonrise Gardens Pilot's Pastures Rock River Farm RootDown River Farm Seeds and Spores Family Farm Shady Grove Farm U.P. Smax Farm Susie Island Farms

Sweet Grass Farms Whitney Creek Farm

Small Grains

Cloverland Apiary and Farm DeBacker Family Dairy, LLC Kolpack Farm Love Farms/Love Meats Marenger's Potato Farm Van Luven Farm Wixtrom Natural Farms

Straw

Ever Yielding Acres Kolpack Farm Marenger's Potato Farm Van Luven Farm VanDrese Potato and Dairy Farm Wixtrom Natural Farms

Trees

Backwoods Natural Farm Cedar Creek Farm Ever Yielding Acres Hannah's Garden Immerfrost Farm Organic Heirloom Plants Road's End Home Garden Rock River Farm Rock River Perennial Garden and Greenhouse Seeds and Spores Family Farm Slagle's Family Farm Sweet Grass Farms Treasa's Treasures

Vegetables

Anva Farms, LLC Backwoods Natural Farm Badger Creek Farm Bay Mills Maple Products Beaver Meadow Creek Farms Blue Skies Cottage Blueberry Pier Cedar Creek Farm Cloverland Apiary and Farm Dignity Farm Dionysus Drummond Farms Dukes Farm Dutcher Farm Eden of Garden Elson's 2 Tracks Vegetable Farm Ever Yielding Acres Four Seasons Farm Galloway's Red Clay Ranch Gather'n Greens Grossman Farmacv H58'kers Farmstead Hall Farms Hannah's Garden Happy Hill Ranch Harvest Moon Farm

Haylake Horticultural Services/Haylake Business Communications Hiawatha Farms Hver Farm Immerfrost Farm I & I Triple Creek Farm Iones Gardens Marenger's Potato Farm Miller Family Farm Moonrise Gardens Moore's Salad Greens Munising Public School Hoop House NMU Hoop House North Harvest CSA Farm Organic Heirloom Plants Osma Acres Farm CSA Peaceful Valley Farm Pellegrini Farm Powderhorn Farm Red Rock Farm Reh-Morr Farm Road's End Home Garden Rock River Farm Rock River Perennial Garden and Greenhouse Rondeau's Ruff Acres RootDown River Farm Seeds and Spores Family Farm Shady Grove Farm U.P. Shelter Bay Tomato Co. LLC Ski Country Farm Slagle's Family Farm Sleepy Hollow Farm Speckled Hens Garden Summer Solstice Farms Susie Island Farms Swanzy Farm SweetWinds Farm Taiga Farm and Vinevards The North Farm at UPREC Treasa's Treasures Trenary Loam-Grown Van Luven Farm VanDrese Potato and Dairy Farm Virgin Earth Farm Wiaters Farm and Adventures Wind Dance Farm Winter Sky Wool Company Wintergreen Farm Wixtrom Natural Farms

Wine

Algomah Acres Honey Farm and Meadery Taiga Farm and Vineyards

Wine & Beer

Northern Sun Winery

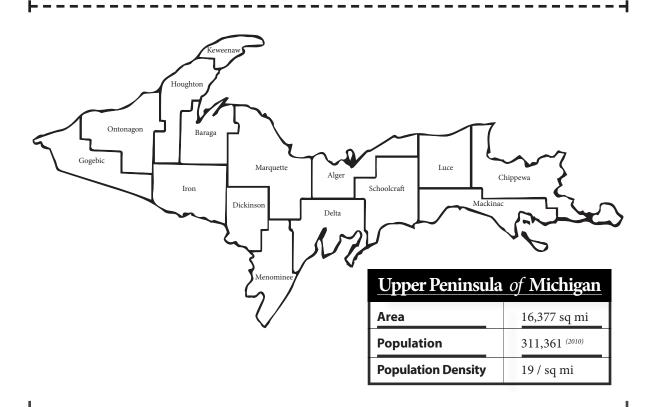
Eat well. Think local.



Marquette Food Co-op is your neighborhood full-service grocery, offering everything from local produce to home cleaning products. Everyone is welcome at our store, where ownership is encouraged but never required. We offer a variety of natural, local, and organic foods in a clean and comfortable environment. Our knowledgeable staff is eager to give you a tour, answer questions, and make you feel at home.

When you shop at the Marquette Food Co-op, you're supporting a local business, in turn supporting local farmers, producers, and artisans. Stop in and check us out!

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