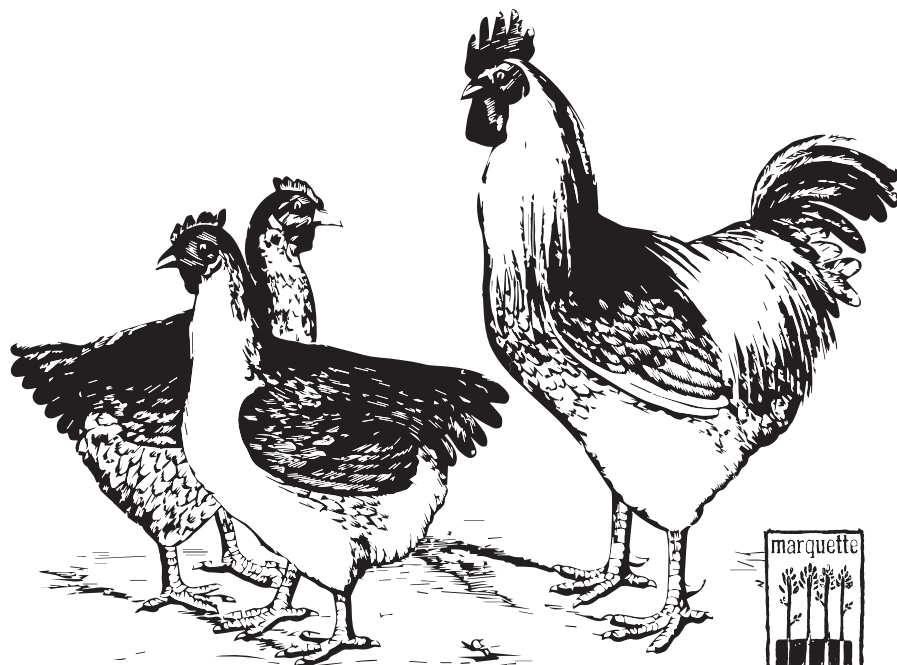




Printed & Distributed by



Eat well. Think local.

Marquette Food Co-op is your neighborhood full-service grocery, offering everything from local produce to home cleaning products. Everyone is welcome at our store, where ownership is encouraged but never required. We offer a variety of natural, local, and organic foods in a clean and comfortable environment. Our knowledgeable staff is eager to give you a tour, answer questions, and make you feel at home.

When you shop at the Marquette Food Co-op, you're supporting a local business, in turn supporting local farmers, producers, and artisans. Stop in and check us out!

Open Daily, 8 to 9 • 906-225-0671 • www.marquettefood.coop

Updated August 12, 2014

2014

Upper Peninsula

FOOD & FARM DIRECTORY



U.P. FOOD
EXCHANGE
growing local food systems

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The Upper Peninsula Food & Farm Directory was created to help you locate the wide selection of local foods available in Michigan's Upper Peninsula.

The listings are organized alphabetically by the thirteen counties in the U.P. and by organization name.

For the most up-to-date information, see the online version of the directory at www.upfoodexchange.com/directory. Fuller explanations of product information and growing practices are also available online. If you'd like to be listed in the next edition of the guide visit the aforementioned website and follow the instructions to create a listing online.

Please make sure visitors are welcome or call before you visit a farm.

All products are available seasonably and “while supplies last”.

If you have any further questions about the directory, please contact Natasha Lantz at 906-225-0671 x 711 or email nlantz@marquettefood.coop.

For more information on purchasing please go to www.upfoodexchange.com or contact the farm directly.

*** The Marquette Food Co-op has made no attempt to verify the information provided by the farms regarding their products and practices. It is up to you, the consumer, to research where your food comes from. You are encouraged to visit the farms, ask questions, support local, and enjoy eating the bounty provided here in Michigan's beautiful Upper Peninsula.**

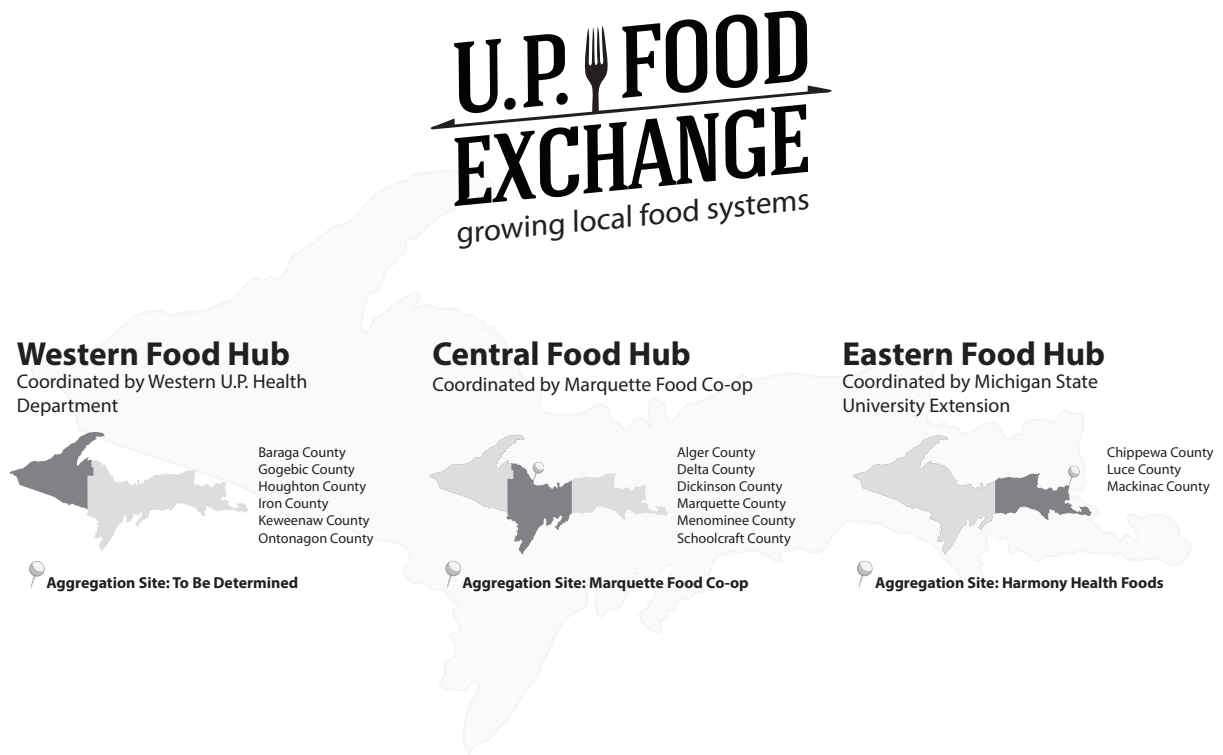
This directory was printed on 100% post-consumer recycled paper.

U.P. FOOD EXCHANGE & THE DIRECTORY

This guide was created by the Marquette Food Co-op’s Outreach Department and the U.P. Food Exchange.

The U.P. Food Exchange (UPFE) is a partnership created between The Marquette Food Co-op and MSU Extension in conjunction with the Western U.P. Health Department to support the local food activities already taking place within the Upper Peninsula’s distinct regions (eastern, central, western). UPFE assists with the development and ongoing maintenance of the three successful regional food hubs and serves as a resource portal for farmers, businesses, and individuals looking to connect with and actively participate in their local food system. Learn more at www.upfoodexchange.com.

Marquette Food Co-op | www.marquettefoodcoop.com
Michigan State University Extension | www.msue.anr.msu.edu.
Western UP Health Department | www.wupdhd.org



www.upfoodexchange.com/directory

Every summer, people’s gardens burst with the season’s bounty. The produce often needs no seasoning or dressings; its lush, flavorful flesh is tasty enough to make eating it off the vine better than just about anything. Such treats are part of what makes summer so precious here in the Upper Peninsula. We have the good fortune, however, to be able to obtain produce all year long. We often take for granted our ability to walk into any grocery store and buy tomatoes and cucumbers in February.

While handy, to be sure, the February tomato is a pale ghost of the warm, sweet, and infinitely more fresh tomato of late summer. The February tomato can’t help its shortcomings; our winter produce comes from a warmer climate many miles away. It is bred to withstand long travels and careless handling, to resist bruising and molding, splitting and squashing. It was bred to look supple, smooth, and to taste unobtrusively bland, to appeal to the masses.

Unfortunately, this convenience is causing us to miss out on more than just taste. Food that travels great distance loses much of its nutritional value. Odds are you will never see the farm it came from or meet the people who grew it. You will never get to ask them how they like to use the tomato, or what their favorite variety is. The money you spent on the February tomato leaves your community, rather than supporting your neighbor.

This summer, don’t spend your money on the tomato from some distant location. See the beauty in what is available locally rather than what isn’t. Heard the saying, “patience is a virtue”? This couldn’t be more true than when it comes to farming in the U.P. Farmers only have so much control over the growing season. The rest is up to you as the shopper to adjust your tastes to what is in season when it is in season. No, you won’t find corn or tomatoes in May. This is the U.P. after all. But, you will find an abundance of fresh greens, onions, rhubarb, peas, and other tasty treats. Tomatoes and corn come later. The wait makes them all the tastier.

The February tomato is a wonderful treat as the U.P. winter drags, but it simply can’t compare to the local August tomato. Why send money to California or Mexico when you can give it to local farmers and get better

value for your money? Come down to your local farmers market and taste for yourself. Buy fresh produce while we have it, and go home with the most nutritious, affordable, community-minded, and delicious food around.

Most of us have come to expect a vast array of fruits and vegetables to await us in grocery stores, but give little thought to which of those items is actually in season and where it was produced. For the most part, we’re not in touch with where our food comes from, how it was grown, or who grew it. The nice thing about shopping at your local farmers market is that you will find the answers to these questions and lots more. It means thinking differently about the way you eat. It also allows you to meet the people who grew your food. Along the way, you’ll discover exciting foods, make new friends, and support your community.

When you purchase local foods in season, you are getting the freshest, most nutritious food around. You can taste the difference. The farmers that are growing the produce are your neighbors. These are the people you run into at the local hardware store and see at your favorite restaurant. Lend them your support by trying something you never have before and planning your meals around what is available. While you’re at it, ask the farmer how your food was grown and for tips on how to use it. You’re bound to discover new favorites.

Dates for these foods may vary widely depending on a number of factors, particularly the weather.

Good Odds

Hit & Miss

Vegetable / Month	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Arugula						—————	—————					
Asparagus						—————						
Beets								—————	—————	—————		
Bell peppers							—————	—————	—————			
Broccoli							—————	—————				
Brussels sprouts										—————		
Butternut squash	—————							—————	—————	—————	—————	—————
Cabbage	—————						—————	—————	—————	—————	—————	—————
Carrots								—————	—————			
Cauliflower								—————	—————			
Celery										—————	—————	
Eggplant									—————	—————		
Fennel								—————	—————			
Garlic								—————	—————	—————		
Green beans							—————	—————				
Kale							—————	—————	—————			
Leeks							—————	—————				
Mushrooms							—————	—————				
Onions	—————										—————	—————
Peas												
Potatoes	—————	—————	—————					—————	—————	—————	—————	—————
Ramps					—————							
Romaine lettuce												
Spinach												
Tomatoes												
Zucchini												
Fruit / Month	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Apples								—————	—————			
Blueberries												
Cantaloupe												
Grapes								—————	—————			
Peaches								—————				
Pears												
Raspberries												
Strawberries												
Watermelon												

*The lines indicate when these local foods are available to purchase, not necessarily their growing season. Dates for the current year may vary widely.

LOCAL FOOD TERMS & RESOURCES

If you see a designation other than those listed on this page, it means that the grower believes a particular name or title more accurately describes his or her products. You will need to check with the grower for further clarification.

TERMS

USDA Certified Organic

(defined by www.rodaleinstitute.org)
Organic farmers integrate cultural, biological, and mechanical practices that foster cycling of resources, promote ecological balance, and conserve biodiversity to grow food and fiber. These methods include use of compost, crop rotations, cover crops, and access to outdoors and pasture for animals. Synthetic fertilizers, sewage sludge, irradiation, and genetic engineering may not be used. Certified organic farmers follow strict rules and are monitored closely to ensure that the standards are being upheld.

Certified Naturally Grown

(defined by www.naturallygrown.org)
Certified Naturally Grown (CNG) is a grassroots alternative to the USDA's National Organic Program meant primarily for small farmers locally and directly to consumers. The CNG Standards and growing requirements are no less strict than the USDA National Organic Program rules. CNG is based on the participatory guarantee system model in which inspections are typically carried out by other farmers.

Grass-Fed

(defined by www.usda.gov)
To be labeled as Grass-fed, an animal must have been fed nothing but grass or forage for the entirety of its lifetime, with the exception of its mother's milk during nursing. Animals cannot be fed grain or grain byproducts and must be given continuous access to pasture during the growing season.

Hormone-Free

(defined by www.sustainabletable.org)
The USDA prohibits the use of hormones in pork and poultry production, but not in beef. Hormones are used to increase production which will then carry residues in products and manure. Hormone-Free means that no hormones were given to the animal during its lifetime at that particular farm.

Raised Without Antibiotics

(defined by www.greenerchoices.org)
Use of the term antibiotic free is considered unprovable by USDA on any meat products. Variations of this claim, such as no antibiotics administered, are allowed by the USDA, but they have no verification system established. In this guide, Raised without Antibiotics means there were no antibiotics administered to the animal. The only exception would be in the case of antibiotics administered to a sick animal that is quarantined away from the herd or flock for the duration of its illness and then reintroduced to the herd or flock.

Conventional

(defined by the Marquette Food Co-op)
Operations are considered Conventional if they use any synthetic fertilizers, pesticides, herbicides, insecticides, hormones, antibiotics, or common enhancers like Miracle Gro™, on any crop or animal at any time.

Authentic

(defined by the Marquette Food Co-op)
Operations are considered Authentic if they do not use any synthetic fertilizers, pesticides, herbicides, insecticides, hormones, antibiotics, and common enhancers like Miracle Gro™. The only exception would be in the case of anti-biotics administered to a sick animal that is quarantined away from the herd or flock for the duration of its illness and then reintroduced to the herd or flock.

MAEAP

(defined by www.maeap.org)
The Michigan Agriculture Environmental Assurance Program (MAEAP) is an innovative, proactive program that helps farms of all sizes and commodities voluntarily prevent or minimize agricultural pollution risks. Farmers reduce legal and environmental risks through MAEAP's three-phase process: education, farm-specific risk assessment, and an on-farm verification of his/her practices.

CSA

Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters which provides a direct link between the production and consumption of food. CSA member

cover a farm's yearly operating budget (seeds, fertilizer, water, equipment maintenance, labor, etc.) by purchasing a share of the season's harvest. CSA members make a commitment to support the farm throughout the season, and assume the costs, risks, and bounty of growing food along with the farmer or grower.

This mutually supportive relationship between local farmers and community members helps create an economically-stable farm operation in which members are assured the highest quality produce, often below retail prices. In return, farmers and growers are guaranteed a reliable market for a variety of crops.

Herd Shares

When you purchase a herd share, you actually buy part of the animal. It's very similar to a produce CSA, except the product is milk from your shared animal. Herd shares are the only way to access unpasteurized milk in Michigan, short of keeping your own livestock.

RESOURCES

www.marquettefood.coop

We offer a one-stop shopping experience for quality, healthy foods with nutritional integrity, and an extensive range of vitamins, minerals, and natural remedies and supplements. Visit our website to download newsletters, sale flyers, recipes, and keep updated with area news and events hosted by the Marquette Food Co-op.

www.msue.msu.edu

Supporting agriculture—Michigan's second-largest industry—is key to a brighter future. Michigan State University Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through

www.linkupfoodclub.com

The Link UP is a Marquette-based online Farmers Market, membership is required to order. The club makes available to its members quality local foods from several farms in the central UP. Link UP membership also affords you access to fresh goat's and cow's milk. Members cooperatively own a herd share and are allowed to purchase from it a la carte. We maintain an online database of items available, and facilitate weekly ordering. Orders are available for pickup Tuesdays from 4-7pm at our dropsite in Marquette.

www.michigan.gov/mdard

The mission of the Michigan Department of Agriculture & Rural Development is, "To protect, promote and preserve the food, agricultural, environmental, and economic interests of the people of Michigan." Visit this site to keep updated on agricultural regulations, licenses, and food safety alerts.

www.localharvest.org

LocalHarvest is America's #1 organic and local food website, maintaining a definitive and reliable "living" public nationwide directory of small farms, farmers markets, and other local food sources. The LocalHarvest search engine helps people find products from family farms, local sources of sustainably grown food, and encourages them to establish direct contact with small farms in their local area. The online store helps small farms develop markets for some of their products beyond their local area.

www.slowfoodusa.org

Slow Food is an idea, a way of living and a way of eating. It is a global, grassroots movement with thousands of members around the world that links the pleasure of food with a commitment to community and the environment.

www.culinate.com

Culinate's content—articles, cooking tips, interviews, recipes, podcasts, food news—helps people put real food at the center of their lives. This site helps answer questions like: Where does our food come from? How's it produced? What does the phrase "you are what you eat" mean in the 21st century?

www.upfoodexchange.com

The U.P. Food Exchange (UPFE, The Exchange) is an entity created in November of 2012 with funds from a Regional Food Systems Grant from the Michigan Department of Agriculture and Rural Development. UPFE supports the local food activities already taking place within the Upper Peninsula's distinct regions (eastern, central, western), and assists with the development and ongoing maintenance of the three successful regional food hubs. UPFE serves as a resource portal for farmers, businesses, and individuals looking to connect with and actively participate in their local food system.

FARMERS MARKETS

Farmers markets are community gathering places where people socialize, take a break from their busy lives, and appreciate the beauty of being outside in the fresh air. They are good for people, good for local economies, and good for the Earth. If we’ve missed a market near you, please contact us and we’ll be sure to include them in the next edition.

Alger
Munising Farmers’ and Artisans’ Market
100 Veterans Memorial Drive, Bayshore Park, Munising
49862
906 202-3030 / munisingmarket@gmail
Find us on Facebook
Tuesday 4pm - 7pm
May 27th - Oct 13th
EBT (MI Bridge Card), Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Chippewa
Village Farmers’ Market
260 S. Superior Street, De Tour Village 49725
906-297-5471 / clerk@detourvillage.org
Find us on Facebook
Saturday 10am - 1pm
May 24th - September
Cash/Check

Pickford Farmers Market
148 E John St., Pickford 49774
906-647-8500 / pickfordfarmermarket@hotmail.com
Find us on Facebook
Thursday 4pm - 7pm
June 7th - October
Senior Project Fresh, WIC Project Fresh, Cash/Check

Sault Ste. Marie Farmers Market
Ashmun & Portage, Sault Ste. Marie 49783
906-630-7414 / ssm.farmers.market@gmail.com
Find us on Facebook
Wednesday 4pm - 6:30pm
April 27th - October
Senior Project Fresh, WIC Project Fresh, Cash/Check

Delta
Escanaba Farmer’s Market
9th Street and 1st Avenue North, Escanaba 49829
906-789-8696 / escanabadda@att.net
www.escanabadda.org
Find us on Facebook
Saturday 8am - noon
Wednesday 3pm - 6pm
May - October
EBT (MI Bridge Card), Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Garden Farmer’s Market
Main Street, Garden 49835
906-644-7197
Saturday 9am - 11 am
May - September
Cash/Check

Gladstone Farmers Market & Street Fair
Delta Ave, Gladstone 49837
906-428-9222 / parks@gladstonemi.com
www.gladstonemi.org
Monday 3pm - 7pm
June 10th - October
Cash/Check

Nahma Township Farmers Market
12191 Hwy US 2, Nahma 49864
906-553-1027 / kfries1226@yahoo.com
Find us on Facebook
Friday 4pm - 6pm
Cash/Check

Dickinson
Iron Mountain Farmers and Artisans Market
501 South Stephenson Avenue, Iron Mountain 49801
906-774-8534 / mainstreet@cityofironmountain.com
www.ironmountaindowntown.com/farmersmarket
Saturday 8am - noon CST
June 8th - October 19th
Senior Project Fresh, Cash/Check

Houghton
Hancock Tori
Quincy Street, Hancock 49930
906-337-1391 / sandysoring@charter.net
Find us on Facebook
Wednesday and Saturday 9am - 2pm
June - October
Senior Project Fresh

Lake Linden Farmer’s Market
Lake Linden Village Park, Lake Linden 49945
906-370-1776 / richard.b.leivdal@gmail.com
Saturday 10am - 2pm
End of July - October
EBT (MI Bridge Card), Debit/Credit Cards, Cash/Check

Main Street Calumet Market
4th & Portland, Calumet 49913
906-337-6246 / ttikkanen@mainstreetcalumet.org
http://www.mainstreetcalumet.com/MS_C_Market/
Find us on Facebook
Saturday 10am - 2pm
June 8th - TBD
Cash/Check

Iron
Porter School Farmers’ Market
303 E. Center Street, Alpha 49902
906-875-6328 / jharp@upcsi.com
www.porterschoolmarketplace.com
Saturdays 9am - noon
June - October
EBT (MI Bridge Card), Senior Project Fresh, WIC Project Fresh, Cash/Check

Luce
Newberry Farmers Market
Newberry Ave., Newberry 49868
(906) 293-8069 / jjlasslett@hotmail.com
Find us on Facebook
Thursdays 3pm - 6pm
Last Thursday in May - End of September
Senior Project Fresh, WIC Project Fresh, Cash/Check

Mackinac
Curtis Farm Market
Saw-Wa-Quato St., Curtis, 49820
906-586-3021 / b3aud1n@gmail.com
Wednesdays 2pm - 5pm
July 23rd - September 24th
Senior Project Fresh, WIC Project Fresh

Engadine Farmers Market
Hwy 117, Engadine 49827
Amelia 906-586-6267 Dale 906-477-3047 /
ameliaduberville@upfe.com
Saturday 9am - 12pm
July - September
Senior Project Fresh, WIC Project Fresh, Cash/Check

Bayside Farmer’s Market
11 S. State Street, St. Ignace 49781
906-643-8717 / sichamber@lighthouse.net
Find us on Facebook
Thursdays 4pm - 7 pm
July 6th - September 28th
Senior Project Fresh, Cash/Check

Les Cheneaux Farmers Market
2900 West M-134, Hessel 49745
906-647-1348 / Ilene.satchell@gmail.com
Find us on Facebook
Friday 4pm - 7pm
July - October
Cash/Check

FARMERS MARKETS

FARMERS MARKETS

Marquette
Jackson Mine Farmers and Crafters Market
Corner of Maas St. and U.S. 41, Negaunee 49866
906-869-4859 or 906 475-7700 / market@cityofnegaunee.com
www.cityofnegaunee.com / market@cityofnegaunee.com
Find us on Facebook
Wednesday 4:30pm - 7pm
June 4th - September 17th
EBT (MI Bridge Card), Senior Project Fresh, WIC Project Fresh

Republic Farmers Market
Munson Park, Republic 49879
906-376-2139 / owilliams3411@att.net
Saturday 10am - noon
August - September
Cash/Check

Downtown Marquette Farmers Market
112 S. Third Street, Marquette 49855
906-326-3276 / marketmanager@mqtfarmersmarket.com
www.mqtfarmersmarket.com
Find us on Facebook
Saturday 9am - 2pm
May 25th - October 26th
EBT (MI Bridge Card), Debit/Credit Cards, Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Big Bay Farm Market
308 Bensinger Road, Big Bay 49808
906-250-3350 / bigbayoutfitters@hotmail.com
Saturday 9am - noon
June - Fall
Cash/Check

Gwinn Farmers Market
135 Granite St., Gwinn 49841
906-346-3600
Find us on Facebook
Thursday 5pm - 7pm
Beginning of June - End of September
EBT (MI Bridge Card), Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Menominee
Menominee Historic Downtown Farmers Market
Corner of 1st Street & 8th Ave. Menominee 49858
906-863-8718 / MenomineeFrmMkt@hotmail.com
https://www.menomineefarmersmarket.com
Find us on Facebook
Summer: Wednesday 3pm - 6pm; Saturday 9am-1pm
June 14 - October 6
Winter: Saturday 10am - 2pm
Winter : October 11- June 6
EBT (MI Bridge Card), Debit/Credit Cards, Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Daggett Farmers Market
318 Cty Rd 358, Daggett 49821
906-753-4056 / andersen@fwsdaggett.us
www.da-farmers-mkt.com
Tuesday - Saturday 8am - 6pm
Year round
Senior Project Fresh, Cash/Check

Menominee County Farm and Food Exchange
3937 10th ST, Menominee 49858
906-639-3377 / Info.MCFFE@gmail.com
http://www.realtimefarms.com/market/menominee-county-farm-and-food-exchange
Find us on Facebook
Saturday 9am - noon
Year Round
EBT (MI Bridge Card), Senior Project Fresh, WIC Project Fresh, Cash/Check, Double Up Food Bucks

Schoolcraft
Manistique Farmers’ Market
180 N. Maple St., Manistique 49854
906-450-4240 / manistiquefarmersmarket@gmail.com
www.ManistiqueFarmersMarket.com
Find us on Facebook
Wednesday 4pm - 6pm
June - September
Debit/Credit Cards, Senior Project Fresh, WIC Project Fresh

COMMUNITY GARDENS

Benefits of community gardens range from obvious (preserving green space, beautifying neighborhoods, producing nutritious food) to subtle (improving quality of life through recreation, exercise, therapy, education, social interaction—even reducing crime). To learn how to start a garden, visit www.communitygardens.org.

Baraga
Keweenaw Bay Community Garden
208 Main St., Baraga 49908
(906) 353-8152 / loonsfoot292000@hotmail.com
www.facebook.com/groups/KBCGarden/

Chippewa
Sault Community Gardens
Bingham/Kimball & Peck Street, Sault Saint Marie 49783
906-632-5768 / dwallis@sault.com
\$15 for residents and \$25 for non-residents

Delta
Esky Grow
900 Block 1st Avenue North, Escanaba 49829
906-280-1887 / info@eskygrow.org
www.facebook.com/EskyGrow

Dickinson
Iron Mountain Community Garden
Iron Mountain Community Garden
400 block of East Hughitt Street, Iron Mountain 49801
906-774-8530 / info@imcommunitygarden.org
www.IMcommunitygarden.org
\$25 for residents, \$35 for non-residents, both require \$20 deposit

Houghton
Pewabic Street Community Garden
300 South Street, Houghton 49931
906-483-3754 / sacheney@chartermi.net
\$30 per season

Ryan Street Community Garden
Corner of Ryan & Road Street, Hancock 49930
906-483-0936 / skrc@finlandia.edu
www.ryanstreetgarden.blogspot.com
\$1.50 per linear foot for first plot; \$2 per linear foot for additional plots + 8 hrs labor per household per season

Marquette
Marquette Community Gardens
Park Cemetery, Presque Isle, Marquette 49855
906-235-2179 / taragmq@att.net
www.marquettecommunitygardens.org
Fees range from \$15 to \$25 annually.
Residents of the City of Marquette; One garden bed per household

Chocolay Community Garden
224 Silver Creek Road, Harvey 49855
906-225-0139 / chall@tnc.org
www.chocolay.org/communityprojects/communitygarden.php
www.facebook.com/ChocolayCommunityGardenGroup
\$15 and \$25
Open to Township and ALL surrounding areas

KI Sawyer Community Garden
Scorpion St. and Tarzon St, Gwinn 49841
906-346-9684 / jkjkvj@aol.com
www.facebook.com/KI-Sawyer-Community-Garden
\$10 or \$15
Sawyer Residents

Bell Hospital Community Garden
901 Lakeshore Drive, Ishpeming 49849
906-485-2699 / kori.tossava@bellmi.org
www.foundationbell.org
\$30 rental fee with a \$10 deposit

Grace Community Garden
301 N. 1st, Ishpeming 49849
906-486-6304 / ronrhocking@gmail.com
\$20 per plot
Open to anyone

Local food is an ever expanding part of the U.P.'s economy. As demand grows, businesses are responding by adding local food to their menus and stocking local food on their shelves and in their coolers. You can encourage this trend by choosing to spend your dollars at businesses that carry local foods.

Alger
Rock River Cafe
N5298 Rock River Rd., Chatham 49816
906-439-5509 / rock.river.cafe@gmail.com
www.rockriverrestaurants.intuitwebsites.com
Find us on Facebook
January - March Thursday - Sunday 11am - 7pm
May - October
Tuesday - Saturday 7am - 9pm
Sunday & Monday Closed at 3pm

Rock River Lunch Bag
111 Elm Avenue, Munising 49862
906-439-5509 / Lunch_Bag@rockrivercafe.com
www.rockriverrestaurants.intuitwebsites.com
Find us on Facebook
May - October

Harvest Market
111 Elm Ave., Munising 49862
906-387-1117 / rondiolson@gmail.com
www.upharvesthouse.com
Find us on Facebook
Tuesday - Friday 10am - 5pm

Chippewa
Harmony Health Food
217 Ashmun St, Sault Sainte Marie 49783
906-632-4077 / stwardy@harmonyfoodsonline.com
www.harmonyfoodsonline.com
Find us on Facebook
Monday - Saturday 9am - 5:30pm

Delta
Healthway Nutrition Store
2307 1st Avenue South, Escanaba 49829
906-786-2320 / healthwaynutrition@hotmail.com
www.healthway-escanaba.com
Monday - Thurs 10am - 6pm
Friday 10am - 5pm
Saturday CLOSED
Sunday 11am - 3pm

Gogebic
Northwind Natural Foods Co-op
116 S. Suffolk St, Ironwood 49938
906-932-3547 / evannfc@sbcglobal.net
www.northwindcoop.org
Find us on Facebook
Monday - Wednesday, Saturday 9am - 6pm
Thursday - Friday 9am - 7pm

Houghton
Keweenaw Co-op Natural Foods Market & Deli
1035 Ethel Avenue, Hancock, MI 49931
906-482-2030 / faye@keweenaw.coop
www.keweenaw.coop
Find us on Facebook
Our store and deli are open 7 days a week.
Store: Monday - Saturday 10am - 8pm and
Sunday 10am - 5pm
Deli: Monday - Saturday 10am - 7pm and
Sunday - 10am - 4pm

G & A Farmers Market and Garden Center
400 W Sharon Ave, Houghton 49931
906-231-5004 / gandagarden@yahoo.com
May - October
Monday - Saturday 10am - 7pm

Keweenaw
Wood’n Spoon
174 Stanton Ave, Mohawk 49950
906-337-2435 / farmerjamman@gmail.com
www.woodnspoon.com
Find us on Facebook
Memorial Day - October
Monday - Saturday 10am - 5pm

Mackinac
Les Cheneaux Culinary School
186 S. Pickford Ave., Hessel MI
906-484-4800 / zach@lcculinary.org
lcculinary.org
Find us on Facebook
Year Round

Marquette
Flower Works LLC
1007 North Third Street, Marquette 49855
906-273-1335 / info@flowerworksmqt.com
shop.flowerworksmqt.com
June-September/October
Monday-Friday 8:30am - 6pm; Saturday 8:30am - 4pm

Marquette Food Co-op
502 W. Washington St., Marquette 49855
906-225-0671 / outreach@marquettefood.coop
www.marquettefood.coop
Find us on Facebook
Year round 8am - 9pm Every Day

Big Creek Hydroponics
555 Old Little Lake Road, Marquette 49855
906-249-5297 / HydroUP@aol.com
Open year-round for consultation and buying group.
Hours by appointment.

Babycakes Muffin Company
223 West Washington Street, Marquette, Michigan 49855
906-226-7744 / kdcakes@aol.com
www.babycakesmuffincompany.com
Find us on Facebook
Monday-Friday 6am - 6pm; Saturday 7am - 6pm;
Sunday 8am - 2pm

Donckers
137 W. Washington, Marquette 49855
906-226-6110 / lakefiresky@yahoo.com
www.donckersonline.com
Find us on Facebook
Year round. Monday – Sunday Breakfast, lunch and dinner

Sweet Water Cafe
517 North 3rd Street, Marquette 49855
906-226-7009 / swcmqt@att.net
www.sweetwatercafe.org
Find us on Facebook
Monday - Tuesday 8am - 3pm
Wednesday - Saturday 8am - 9pm
Sunday 8am - 8pm

Rare Earth Goods
200 E. Division Street, Ishpeming 49849
906-485-5650 / winemaker3661@gmail.com
www.rareearthgoods.net
Find us on Facebook
Store: Monday - Saturday 11am - 7pm; Sunday 10am - 4pm
Restaurant: Monday - Friday 11am - 2pm

Purchasing from a local farm economically supports families in your community and gives you access to nourishing and flavorful food. Through this guide, organized by county, you can get to know farms that grow food near you. All farms listed here sell directly to the public through area stores, farmers markets, or from the farm. If you wish to visit the farm or purchase directly from them don't forget to call first!

Alger County

Curtice Kids Asparagus
Caitlin, Cooper, Emily Curtice
E1704 Gibbs Rd, Rumely 49826
906-439-5379 / pcurtice@tds.net
Vegetables, Eggs
Available at the Marquette Food Co-op and at the farm.
Authentic

EverGreen Nursery, Inc
Cheryl Nolta
E 1843 Pantti Rd, Rumely 49826
906-387-4350 / cnolta@evergreennurserymi.com
www.evergreennurserymi.com
Vegetables, Herbs, Flowers, Trees & Plant Starts
Available at the greenhouse April-November.
Conventional

Fiddle Knoll Farm
Susan & Dale Kapla
N5167 Kuivinen Rd, Rumely 49826
farm 906-439-5135; cell 906-458-5817 / skapla@tds.net
www.fiddleknollfarm.com
Find us on Facebook
Meat, Fibers, Livestock
Available at the farm or via website.
Conventional

Frederick Evergreen Co.
Dean Frederick
N6310 Connors Rd, Munising 49862
906-387-2361 / cathygurski@hotmail.com
www.michiganchristmaswreath.com
Vegetables, Fruits, Christmas Trees
Purchase our products at the farm or at the Munising market.
Conventional

H58'ers Farmstead
Jill Baugnet
E9795 County Rd H58, Munising 49862
906-387-5070 / openwings@charter.net
Vegetables, Herbs, Eggs, Flowers, Trees & Plant Starts
Available at Open Wings Gallery, the farm, and at the Erickson Center for the Arts in Curtis. Also available at the Lake Effect Gallery in Manistique, The Jailhouse in Big Bay and Art in Abundance in Grand Marais June-October.
Authentic

Kouw Farm
Jak Kouw
N2892 Dunklee Rd, Munising 49862
906-387-5327 / upkouw@hotmail.com
Eggs
Available from the farm. Call for appointment or possible delivery.
Authentic

Reh-Morr Farm
Dan Rabine Mary Kramer-Rabine
N5057 Benson Rd, Eben Junction 49825
906-361-3710 or 906-439-5558 / dbrabine@yahoo.com
Vegetables, Herbs, Honey, Maple Syrup, Flowers, Trees & Plant Starts
Available at the Marquette Food Co-op and the Marquette Farmers Market.
Authentic

North Farm at UPREC
Collin Thompson, Farm Manager
N5431 Rock River Road Chatham, 49816
906-439-5059 / thom1264@msu.edu
Find us on Facebook
Vegetables
Available at the Marquette Food Co-op, UPFE Online Marketplace, Babycakes Muffin Company and Sweetwater Café.
Authentic

Rock River Farm
Rowan Bunce
N6302 Rock River Rd, Chatham 49816
906-439-5233 / rrfarm@tds.net
www.rockriverfarms.com
Find us on Facebook
Vegetables, Fruits, Herbs, Poultry, Meat, Flowers, Trees & Plant Starts
Available at the Marquette Food Co-op, the Marquette Farmers Market, and at the farm by appointment.
Authentic, MAEAP Verified
CSA includes: Vegetables, Flowers, Meat, Poultry

Rock River Perennial Garden and Greenhouse
Elise Bunce
N6301 Rock River Rd, Chatham 49816
906-439-5746 / eliseb@tds.net
www.rockriverpg.com
Vegetables, Herbs, Flowers, Trees & Plant Starts, Garden Consultations
Available at the greenhouse in May and June, weekends only. Friday evenings 7pm - 9pm, Saturdays and Sundays 10am - 6pm, and the Marquette Farmers Market. Garden consultations by appointment.
Authentic

Shelter Bay Tomato Co. LLC
John Hust
N10108 Shore Drive, Au Train, Michigan 49806
906-892-8653 / tomatoes@tds.net
www.shelterbaytomatoes.com
Find us on Facebook
Vegetables, Herbs, Mushrooms
Available at Alger County restaurants and from the farm. Call for order placement and delivery. Check website for more details.
Authentic

Sleepy Hollow Farm
Wendy & Michael Gibson
N7948 Koski Rd, Munising 49862
906-892-8377 / sleepyhfarm@gmail.com
Find us on Facebook
Vegetables, Fruits, Herbs, Mushrooms, Maple Syrup
Available from the Marquette Food Coop, and the Marquette and Munising Farmers Market.
Authentic

Treasa's Treasures
Treasa Sowa
N7561 La Combe Rd, Munising 49862
906-202-3030 / hortiholictreasa@yahoo.com
Vegetables, Herbs, Eggs, Maple Syrup, Flowers, Gourds & Other Decoratives, Trees & Plant Starts
Available at the Marquette and Munising farmers markets, the Marquette Food Co-op, and at the farm.
Authentic, Certified Naturally Grown

Trenary Ducks & More
David Lengemann
E2943 Timonen Rd, Trenary 49891
906-446-3126 / david.lengemann@trenaryducks.com
www.trenaryducks.com
Eggs
Available at the Marquette Food Co-op, Rock River Cafe in Chatham, Rock River Bag Lunch in Munising and Das Steinhaus Restaurant in Marquette
Year round
Authentic

Trenary Loam-Grown
Kathleen Lakanen
N863 Winters Rd, Trenary 49891
906-202-9018 / klakanen@gmail.com
Vegetables, Herbs, Flowers
Available at the farm, the Marquette Farmers Market, and the Marquette Food Co-op.
Authentic

Winding Creek Farm
Wayne Trierweiler
N5115 Oja Rd; P.O. Box 165, Chatham 49816
906-439-5284 / wtrierweiler@tds.net
Honey, Hay
Available at the farm July through March.
Authentic

Baraga County

Grand Bee’s
Dan & Lee Grandy
16738 Pine Creek Rd, Pelkie 49958
906-524-7343 / dangr49946@yahoo.com
grand-bees.tripod.com
Find us on Facebook
Honey

Available at Oralie’s and Pat’s IGA in L’Anse and Larry’s in Baraga, the Marquette Food Co-op, Super One, Econo Foods, and Valle’s Market in Marquette. Super One in Negaunee, Jubilee Foods in Ishpeming, Stitch in Time in Alpha, Champion Convenience Store in Champion, Karvakkos in Tapiola, Covington Convenience Store in Covington.
Conventional

Chippewa County

A & A Bison
Alex & Geri Wieczorek
10502 S. Kinross Rd, Dafter 49724
906-632-6295 / gerilynn60@hotmail.com
Meat, Livestock
Available at the farm by appointment only.
Authentic

Bay Mills Maple Products
Richard Timmer
18310 W. Shields Rd, Brimley, Mi. 49715
906-437-5470 / uprtimmer@gmail.com
Vegetables, Mushrooms, Maple Syrup, Hay
Available at the Sault Ste. Marie Farmers Market and at the farm.
Authentic

Beaver Meadow Creek Farms
Mark & Deanna Jones
5600 S. Shunk Rd, Sault Ste. Marie 49783
906-253-9670 / beavermeadowfarms@att.net
Find us on Facebook
Vegetables, Fruits, Herbs, Meat
Available at the farm by appointment or at the Sault Ste. Marie Farmers Market.
Conventional
CSA includes: Vegetables, Fruits

Besteman Maple Products
Marvin & Dee Besteman
15689 S. Tilson Rd, Rudyard 49780
906-478-5412 / mibestsyrup@centurylink.net
www.mi-maplesyrup.com/about/profiles/besteman_05.html
Maple Syrup
At the farm Monday-Saturday (closed Sunday) year round.
Authentic

Bishop Family Farm & Sweet Grass Farms
Erika & J.D. Bishop
26409 South Pennington Rd, Pickford 49774
906-647-1110 / sweetgrassfarms@yahoo.com
Find us on Facebook
Eggs, Poultry, Meat, Fibers, Hay, Livestock
Available at the farm. Wool products will be available Fall 2014.
Conventional

Circle K Buffalo Ranch
Orville Kabat
8596 W. 19 Mile Rd, Rudyard 49780
906-478-7531 / kabatsusan@ymail.com
www.circlekbuffalo.com
Find us on Facebook
Meat
Available at Marquette Meats, Northern Meats (Smokehouse Glenn) in Marquette and Ishpeming. Neville’s Market and Harmony Health Foods in Sault Ste. Marie, Mackinac Fish in St. Ignace, and Gustafson’s in Brevort.
Conventional

Collins Farm
E. Selden Collins
1628 W. Townline Rd, Pickford 49774
906-647-2011 / esc413@centurytel.net
Fibers, Livestock
Available online and at the farm.
Conventional

Drummond Farms
Michael and Lisa MacDonald
34735 Townline Rd, Drummond Island 49726
906-493-5861 / macdonald@alphacomm.net
Find us on Facebook
Vegetables, Fruits, Herbs
Available at the farm and at area farmers markets.
Conventional

Dutcher Farm
John & Cindy Dutcher
25525 S. Angora Rd, Goetzville,MI 49736
906-297-2120 / dutchfarm@sault.com
Vegetables, Fruits, Eggs, Poultry, Meat, Livestock
Available at the Sault Ste. Marie Farmers Market, Harmony Health Foods, the Pickford Farmers Market, and at the farm by appointment.
Authentic

Galloway’s Red Clay Ranch
Joanne Galloway
5696 W. Townline Rd, Pickford 49774
906-647-2140 / galloway@lighthouse.net
Vegetables, Eggs, Meat, Hay, Livestock
Available from the farm or a contracted processor.
Authentic

Haylake Horticultural Services
Neil Moran
7865 S. Nicolet Rd, Sault Ste. Marie 49783
906-322-4264 / moranneil@hotmail.com
northcountrygardening.blogspot.com
Vegetables, Flowers
Available at the farm, delivery sometimes available.
Authentic

Love Farms / Love Meats
Bob & Tina Love
12361 W. Turner Rd, Rudyard 49780
906-478-5201 or 906-478-2050 / Lovefarms@lighthouse.net
Eggs, Poultry, Small Grains, Meat, Fibers, Hay, Livestock
Available at Love Meats Inc. in Rudyard
Authentic, MAEAP Verified

Old YellowHorse Farms/Gifts
Tammy Biron
147 W. 7 Mile & 5396 W. 11 Mile, Sault Ste, Marie & Dafter
906-630-5612 / yelohorswmn@yahoo.com
www.oldyellowhorsegifts.com
Find us on Facebook
Vegetables, Herbs, Flowers, Gourds & Other Decoratives,
Trees & Plant Starts
Available at the Sault Ste. Marie farmer’s market and at the Dafter location by appointment.
Authentic
CSA includes: Vegetables, Flowers

RMG Maple Products, Inc.
Mike & Joyce Ross
11866 W.Thompson Rd, Rudyard 49780
906-478-3038 / mjross@lighthouse.net
www.rmgmaple.com
Find us on Facebook
Maple Syrup
Available at RMG Maple Products, Inc., the Marquette Food Co-op, Glen’s Market and Neville’s Supprette in Sault Ste. Marie, and the Zodiac Party Store in St. Ignace.
Authentic

RootDown River Farm
Amy and Andy Brzuchalski
6657 E Blair Rd, Pickford 49774
906-647-1444 / amy_bski@yahoo.com
Find us on Facebook
Vegetables, Herbs, Eggs, Poultry, Meat, Fibers, Hay, Livestock
Available at the farm, call ahead.
Authentic

Ski Country Farm

Gregory Zimmerman
2281 W. 7 Mile, Sault Saint Marie 49783
906-630-7414 / skicountryfarm@gmail.com
www.skicountryfarm.weebly.com
Find us on Facebook
Vegetables, Fruits, Herbs, Flowers
Available at the Sault Ste. Farmers Market, CSA/Market shares, and by appointment May through January
Conventional, MAEAP Verified
CSA includes: Vegetables, Fruits

Superior Fruit and Nut

Roger Blanchard
Maple Road Just North of M-28, Dafter 49724
906-253-9316 / rblanchard@lssu.edu
Fruits
Available at Neville's Market, Sault Ste. Marie
Conventional

Van Luven Farm

Melvin Van Luven
4465 E. 9 Mile Rd, Sault Ste. Marie 49783
906-635-0696 / melvanluven@yahoo.com
Vegetables, Small Grains, Hay, Livestock, Straw
Available at the farm, call for availability
Conventional

Wallis Family Farm

Eric Wallis
7538 W M48, Rudyard 49780
906-478-7451 / upshepherd@hotmail.com
www.lswoolen.com
Meat, Fibers, Hay, Livestock
Available at the farm, a number of retail outlets, or online at www.lswoolen.com
Authentic, MAEAP Verified

Wind Dance Farm

Tom & Bonnie Weise
12751 S. Shunk Rd, Dafter 49724
906-253-1815 / quercus@lighthouse.net
Vegetables, Eggs, Fibers
Available at the Sault Ste. Marie Farmers Market and occasionally at the Pickford Farmers Market.
Authentic

Yooper Yaks/Allans Acres

Tom & Sharon Allan
2118 W. Eight Mile Rd, Sault Ste. Marie 49783
906-632-6870 / tallan@lssu.edu
www.yooperyaks.com
Meat, Livestock
Available at the farm at Harmony Health Food Store in Sault Ste. Marie.
Authentic

Delta County

Bella Farm

Steve Uecke
9707 K K Rd, Rapid River 49878
906-644-4180 / ssuecke@yahoo.com
Vegetables, Fruits, Herbs, Eggs
Available at the Manistique Farm Market, Garden Farm Market, Nahma Farm Market, and at the farm.
Authentic

Country Lane Farm

Debra Huntley
3990 Country Ln, Rock 49880-9503
906-356-9055 / countrylanefarmdelta@gmail.com
Find us on Facebook
Vegetables, Fruits, Herbs, Eggs, Meat, Gourds & Other Decoratives, Hay, Straw
Available at the Escanaba and Gladstone Farmers Markets.
Authentic

Eden of Garden

Dena Rissman
12.75 Ln, Garden 49835
906-644-2722 / dena.rissman@gmail.com
Vegetables, Herbs, Gourds & Other Decoratives
Available at the Garden Farmers Market and at the farm, call ahead.
Authentic

Four Seasons Farms

David Hayes
3474 St. Nicholas Rd, Rock 49880
906-359-4825 / hayescornmaze@yahoo.com
www.hayescornmaze.com
Meat, Hay
Available at the farm for pick up. Delivery options available.
MAEAP Verified
U-Pick: Pumpkins

Guindon Farms

Barb Guindon
9111 County 416 H Rd, Cornell 49818
906-384-6517 / guinbt13@sbcglobal.net
www.guindonfarms.com
Find us on Facebook
Meat, Livestock
Available at the Marquette Food Co-op, the Marquette Farmers Market, Rare Earth Goods in Ishpeming, and at the farm. Best to call ahead.
Authentic, Certified Organic by OCIA, Certified Naturally Grown, MAEAP Verified

Hall Farms

Teressa Hall
2623 St.Nicholas 31sr. Drive, Rock 49880
906-359-4818 / teressajhall@yahoo.com
Vegetables, Hay
Available at the farm
Conventional

J & J Triple Creek Farm

Jody Norman
2528 Triple Creek 23rd Rd, Cornell 49818
906-208-1075 / jody@deltacrc.org
Vegetables
Available at the farm and at 432 N. Bluff Drive, Gladstone in May & June
Authentic
U-Pick: Asparagus

Marenger's Potato Farm

Duane Marenger
Cornell 49818
906-384-6351 / duanemarenger@upfe.com
Vegetables, Small Grains, Gourds & Other Decoratives, Hay, Straw
Available at the farm, call ahead.
Conventional

Middleton Maple Farm

Jim Middleton
3038 Hunters Brook 28.5 Lane, Cornell 49818
906-384-6406 / jimmmiddle@gmail.com
www.middletonmaplefarm.com
Maple Syrup
Available at the farm mid March through mid October
Authentic

Pellegrini Farm

David Pellegrini
2702 16.5 Rd, Escanaba 49829
906-786-5140 / davepelleg@gmail.com
www.pellegrinifarms.com
Find us on Facebook
Vegetables, Fruits
Available at the farm, check website and Facebook page
Conventional, MAEAP Verified
U-Pick: strawberries, cabbage

Superior Angus

Dawn Gustafson
14787 US Hwy 41, Rapid River 49878
906-235-5853 / superiorangus@tds.net
superiorangus.com
Find us on Facebook
Meat, Livestock
Available at the Marquette Food Co-op and at the farm by appointment.
Conventional, MAEAP Verified Meat

VanDrese Beef Farm

Susan VanDrese
10010 County 426 E. Rd, Cornell 49818
906-384-6364 / svandrese@att.net
Vegetables, Eggs, Meat
Available at the farm and at Sav-Mor IGA in Escanaba.
Conventional

VanDrese Potato and Dairy Farm

Galen VanDrese
4185 Meadow 24th Ln, Cornell 49818
906-384-6570 / javgjb@yahoo.com
Vegetables, Dairy, Hay, Livestock, Straw
Available at the farm.
Conventional, USDA GAP Certified, MAEAP Verified Dairy share

Dickinson County

Fair Oaks Farm

Emelie Broullire-Fairchild
W9093 Peterson Dr, Iron Mountain 49801
906-221-3525 / ejfairchild@charter.net
Eggs, Meat, Livestock
Available at the farm.
Authentic

Harvest Moon Farm

Jill Ellis
N5655 Creed Dr, Iron Mountain 49801
906-221-2130 / ellis92102@sbcglobal.net
Find us on Facebook
Vegetables, Fruits, Herbs, Eggs, Poultry, Meat
Available at the farm.
Authentic

Mayapple Cottage Herb Farm

Sandee Protzmann
W8756 Peterson Dr, Iron Mountain 49801
906-779-2320 / mayapplecottage@hotmail.com
Find us on Facebook
Herbs
Available at the farm Thursday through Sunday from 10am - 5pm.
Authentic

Pellegrini Farms

Jason Pellegrini
N-1392 WPA Rd, Vulcan 49892
906-396 5728 / pellegrinifarms@hotmail.com
www.pellegrinifarm.com
Find us on Facebook
Vegetables, Fruits, Herbs, Small Grains, Flowers, Gourds & Other Decoratives, Hay
Available at our farms, N-1155 River Rd. and N-1392 WPA Rd in Vulcan, MI 49892.
Conventional
CSA includes: Vegetables, Fruits, Flowers
U-pick: strawberries, raspberries, blueberries, pumpkins, cabbage, heirloom vegetables

Slagle’s Family Farm

Jennifer Slagle
W4563 Hwy M-69, Felch 49831
906-221-5937 / slaglesfamilyfarm@gmail.com
www.slaglesfamilyfarm.com
Find us on Facebook
Vegetables, Fruits, Herbs, Eggs, Poultry, Meat, Honey, Maple Syrup, Flowers, Gourds & Other Decoratives, Trees & Plant Starts, Hay, Livestock
Available at the Iron Mountain Farmers’ Market and at our farm all season long.
Authentic
CSA includes: Vegetables, Fruits, Flowers, Meat, Poultry, Eggs

Gogebic County

Powderhorn Farm

Gary Shaffer
N 11545 Powderhorn Rd, Bessemer 49911
906-285-1042 / gary@powderhornfarm.com
Find us on Facebook
Vegetables, Fruits, Herbs, Meat, Hay
Available at the Depot Park Farmers Market in Ironwood and the Ironwood Township Farmers Market at the Gogebic County airport pavilion.
Authentic
U-pick: Pumpkins

Houghton County

Andersson Turner Gardens

Dawn Andersson
56652 Rockland St, Calumet 49913
906-934-2073 / anderssondg@gmail.com
Vegetables, Fruits, Herbs, Mushrooms, Flowers, Trees & Plant Starts
Contact for availability
Authentic

Anya Farms, LLC

Dennis & Sue Stratton
18454 Moscow Rd, Chassell 49916
906-481-1083 / ds@anyafarms.com
www.anyafarms.com
Find us on Facebook
Vegetables, Herbs
Available at the Keweenaw Co-op in Hancock, MI and at the farm. Check Facebook page for hours and seasonality.
Authentic

Blue Skies Cottage Garden

Paul Maki
606 Portage St, Houghton 49931
608-335-7825 / paul@blueskiesfarm.com
www.blueskiesfarm.com
Find us on Facebook
Vegetables, Fruits, Herbs, Honey
Available at the Hancock Tori Market.
Authentic

Cloverland Apiary and Farm

Suzanna Raker Fred Galloway
56480 N. Cloverland Rd, Calumet 49913
906 337-4333 / suzanna.raker@gmail.com
Vegetables, Fruits, Herbs, Small Grains, Honey, Maple Syrup, Hay, Livestock
Available upon order, at the Jam Pot in Eagle Harbor, MI, the LinkUP Food Buying Club, or at the farm by appointment.
Authentic, Certified Organic by MOSA

Danielson’s Sugarbush LLC

Mark Danielson
25993 Pike Lake Rd, Nisula 49952
906-338-2442 / mark@danielsonssugarbush.com
www.danielsonssugarbush.com
Honey, Maple Syrup
Available at the Marquette Food Co-op and Jilbert’s Dairy in Marquette, Jack’s IGA in Harvey, the Keweenaw Co-op in Hancock, Pat’s Foods in Calumet, Hancock, Houghton, and L’Anse. Also found at the Wooden Spoon in Mohawk, Super One Foods in Ironwood, the Settler’s Co-op in Bruce Crossing, and Jack’s Fresh Market in Manistique.
Authentic

Dignity Farm

Katie Searl
55829 N. Cloverland Rd, Calumet 49913
906-370-1263 / katie@dignityfarm.com
dignityfarm.com
Vegetables, Fruits, Herbs, Mushrooms, Eggs, Poultry, Dairy, Maple Syrup, Flowers, Livestock
Available through the farm’s CSA, limited wholesale with restaurants and through the U.P. Food Exchange Online Marketplace and farmstand availability as listed on the website.
Authentic
CSA includes: Vegetables, Fruits, Poultry, Eggs
Dairy goat shares

Gierke Blueberry Farm

John and Lynn Gierke
37915 Klingville Rd, Chassell 49916
906-523-6112 / jsgierke@yahoo.com
gierkeblueberryfarm.blogspot.com
Find us on Facebook
Fruits
Available at the farm. Call or visit our blog or Facebook page for more information.
Authentic
U-pick: Blueberries

Hidden Acres Farm

William Aho
43472 Superior Rd, Houghton 49931
218-252-6735 / hidacresfarm@gmail.com
Find us on Facebook
Dairy, Meat
Available through drop sites in Marquette, Calumet, Houghton and at the farm.
Conventional
Dairy cow shares

Makinen Farm

Arleen & Jim Morrissey
40326 Lower Worham Rd, Chassell 49916
906-523-9018 / acmorrissey713@att.net
Fruits, Eggs
Available at our farm--call ahead.
Authentic
U-pick: Raspberries

Miller Family Farm

Jennifer Miller
18020E S. Lake Ave, Tapiola 49958
906-334-2434 / millerfamilyfarm906@gmail.com
Find us on Facebook
Vegetables, Fruits, Poultry
Available at the farm stand at the end of driveway and at the Tori Market in Hancock.
Authentic

North Harvest CSA Farm

Jacob TenHarmsel
57085 Rockland St, Calumet 49913
906-370-1407 / northharvestcsa@gmail.com
northharvestcsa.com
Find us on Facebook
Vegetables, Fruits, Herbs, Flowers, Gourds & Other Decoratives
Available through farm CSA or at the Calumet Main St. Market.
Authentic
CSA includes: Vegetables,Fruits,Flowers

North Pole Christmas Tree Farm

Carl Torola
27251 Amygdaloid St, Calumet 49913
906-337-0144 / cbtorola@aol.com
Christmas Trees
Available at the farm.
Conventional

Organic Heirloom Plants

Wendy Wiegert
51594 Boston Rd, Hancock 49930
906-231-1496 / sales@organicheirloomplants.com
www.organicheirloomplants.com
Find us on Facebook
Vegetables, Fruits, Herbs, Flowers, Gourds & Other Decoratives, Trees & Plant Starts
Available at the greenhouse or online.
Authentic

Osma Acres Farm CSA

Billy Lell
53464 Osma Acres Rd, Houghton 49931
906-483-0586 or 906-281-4949 / manager@osmaacresfarm.com
www.osmaacresfarm.com
Vegetables, Fruits, Herbs, Gourds & Other Decoratives
Available at the farm Monday-Saturday 9:00 am to 6:00 pm, Shopko parking lot Wednesday noon to 4:00 pm, and the Calumet Farmers Market, and Lake Linden Farmers Market.
Conventional
CSA includes: Vegetables, Fruits, Flowers
U-pick: Raspberries, Strawberries, cucumbers and beets

Peaceful Valley Farm

Kim Lampinen
15444 Niemi Rd, Atlantic Mine 49905
906-482-9321 / peacefulvalleyfarm.mi@gmail.com
Vegetables, Herbs, Eggs, Meat, Honey, Maple Syrup
Available at the Bookworm Used Bookstore & Coffee Shop in Houghton.
Authentic

Red Rock Farm

Shari Fill
40659 Jacobsville Rd, Lake Linden 49945
906-482-5534 / shari@bobfill.com
www.facebook.com/sharisredrockfarm
Vegetables, Fruits, Herbs, Eggs, Livestock
Available at the Lake Linden Farmer’s Market, pick-up from Dollar Bay or at the farm, and at the monthly UNFI food club delivery at St. Peter and Paul Lutheran Church in Houghton (arrange in advance by phone or email).
Authentic

St Johns Creek Farm

Nathan and Jean McParlan
55174 St. Johns Creek Rd, Hancock 49930
906-483-2187 / jeanmcparlan@gmail.com
www.uplamb.com/about-us.html
Meat, Livestock
Available at the farm.
Conventional

Superior View Farm

John or Diane Mattila
42395 Lakeview Rd, Toivola 49965
906-288-3308 / jmattila@alphacomm.net
Meat, Livestock
Available at the farm, delivery is available locally.
Conventional

Iron County

Brousseau’s Prime Beef

Carl & Carolyn Brousseau
272 Long Lake Rd, Crystal Falls 49920
906-875-3884 or 906-284-3361 / carlbrousseau@upfe.com
Vegetables, Meat, Hay, Livestock
Available at the Iron River Farmers Market, the Iron Mountain Farmers Market, and at the farm by appointment.
Conventional
U-pick: Vegetables

Elson’s 2 Tracks Vegetable Farm

Richard and Maureen Elson
130 Buck Lake Rd, Crystal Falls 49920
906-284-0661 / mce459@yahoo.com
www.porterschoolmarketplace.com
Vegetables, Fruits, Herbs
Available at the Porter School Farmers’ Market in the Village of Alpha, and at the farm on Wednesdays between 3:30 and 6:30 p.m. Call ahead for farm start date.
Authentic

Road’s End Home Garden

Nancy Lewis
547 Sheltrow Rd, Crystal Falls 49920
906-282-0786 / Woolylady7@aol.com
Vegetables, Fruits, Maple Syrup, Trees & Plant Starts
Available at the Iron River Farmers Market and at the farm by appointment only.
Conventional

Suheski Farms
Matthew Suheski
128 E. Rainbow Trail, Crystal Falls 49920
906-875-4384 / matthewsuheski@gmail.com
Eggs, Poultry, Meat, Livestock
Available at the farm.
Conventional

Luce County

Northern Sky Orchard
Jerry Bishop
26304 M-28, McMillan 49853
313-640-8243 / jerrybishop@upfe.com
Fruits
Available at the orchard and the Sault Ste. Marie, Munising, and Engadine farmers markets.
Authentic

Sweet Marbled Farm
Antoinette Collins
6588 State Hwy M28, Newberry 49868
906-293-1424 / collinsa@hughes.net
Find us on Facebook
Vegetables, Fruits, Eggs, Poultry, Meat, Livestock
Available at the farm and the Newberry Farmers Market.
Authentic
U-pick: Fruits & veggies depending on availability

Windy Hill Organic Gardens
Brenda Owen
4703 West County Rd 460, Newberry 49868
906-450-1964 / bowen@up.net
www.windyhillorganicgardens.com
Find us on Facebook
Vegetables, Herbs
Available at the farm.
Authentic

Mackinac County

Applecore 134
Amy Polk
708 M-134, Cedarville 49719
906-484-5001 / apolk@centurytel.net
Herbs, Flowers
Available at the Pickford Farmers’ Market, local art and craft shows, and Les Cheneaux retail shops: Pickle Point, Woods & Water Ecotours, Hessel Bakery, Pine Cone Gifts, The Cottage of Les Cheneaux, Les Cheneaux Islands Art Gallery, and Woolderness Fiber Arts & Gallery. Orders taken year-round by phone or e-mail.
Authentic

Backwoods Natural Farm
Dale Kriesche
Exit 359 at I-75 and M-134, Hessel 48836
906-478-7201 / backwoodsnatural@gmail.com
Vegetables, Fruits, Herbs, Mushrooms, Eggs, Honey, Maple Syrup, Flowers, Trees & Plant Starts
Available at produce stand in Cedarville 7 days a week, call for times. Also at the Newberry and Sault Ste. Marie Farmers Markets.
Authentic

Hiawatha Farms
Richard & Janice Pershinske
N7319 Indian Trail, Engadine 49827
906-399-2586 / greenacres0609@yahoo.com
Vegetables, Meat, Hay
Available at the Engadine Farmers Market or at the farm, call ahead.
Authentic

Jones Gardens
Bill and Betty Jones
1379 E. Swede Rd, Cedarville 49719
906-484-3102 / betjones13@yahoo.com
Vegetables, Herbs, Flowers, Gourds & Other Decoratives
Available at the farm and at the Sault Ste. Marie Farmers Market.
Conventional
CSA includes: Vegetables

Badger Creek Farm
Michael Hainstock
425 County Road 492, Marquette 49855
906-361-8482 / badgercreekfarm@gmail.com
www.badgercreekfarm.com
Find us on Facebook
Vegetables, Herbs, Mushrooms, Eggs, Poultry, Dairy, Meat, Maple Syrup, Livestock
Available at the Marquette Farmers Market, Marquette Food Co-op, The Link UP Food Buying Club, and directly from the farm by appointment. Visit our website to see what is currently available.
Authentic, Certified Naturally Grown
Dairy goat shares

Beaver Grove Bison
Robert & Jerri Haglund
336 County Road 480, Marquette 49855
906-249-1126 / Beavergrovecbison@aol.com
Meat, Livestock
Available at the farm, call ahead.
Authentic

BSB Farms
Luke & Heather Bell
467 Beckman Rd, Skandia 49885
906-942-7254 / luke@bsbmasonry.com
Eggs
Available at the Marquette Food Co-op and Econo Foods.
Authentic

Cedar Creek Farm
Gary Shaffer
678 Cherry Creek Rd, Marquette, MI 49855
906-236-9852 / cedarcreekfarmup@gmail.com
Vegetables, Fruits, Herbs, Mushrooms, Trees & Plant Starts
Available at the Marquette Food Co-op and local restaurants.
Authentic

Moore’s Salad Greens
Dale Moore
N7201 Krause Rd, Engadine 49827
906-477-3047 / 8962dmoore@gmail.com
Vegetables, Eggs
Available at the farm, call ahead. Also at the Engadine Farmer’s Market, Rahilly’s IGA in Newberry, and Vallier’s in Naubinway.
Authentic

Spinner’s End Farm
Sherry MacKinnon
W18336 S. Curtis Rd, Curtis 49820
906-586-3767 / spinnersendfarm@gmail.com
www.spinnersend.etsy.com
Find us on Facebook
Eggs, Fibers
Available at the farm and at The Lavendar Cottage Quilt Shop in Curtis. Also online at www.spinnersend.etsy.com.
Conventional

SweetWinds Farm
Nadine Cain
3467 E. St. Ignace Rd, Hessel 49745
906-484-2739 / nadine.cain@gmail.com
Vegetables, Herbs, Eggs, Flowers
Available at the farm.
Authentic
U-pick: Strawberries and raspberries

Marquette County

Avalon Farm Alpacas
Donna Pearre
118 McLaughlin Rd, Skandia 49885
906-942-7599 / Alpacaafa@aol.com
www.avalonfarmalpacas.com
Fibers, Livestock
Available at the farm.
Conventional

Dancing Crane Farm

John Frye
348 Lawson Rd, Skandia 49885
989-255-2270 / john@dancingcranefarm.com
www.dancingcranefarm.com
Find us on Facebook
Vegetables, Eggs
Available through CSA program, the Marquette Farmers Market, the Marquette Food Co-op, and select restaurants. Farm store is open from May to October.
Authentic
CSA includes: Vegetables

Dukes Farm

Gabriel Caplett
254 Dukes Rd, Skandia 49885
906-942-7325 / caplettg@gmail.com
www.dukesfarm.net
Vegetables, Fruits, Herbs, Flowers, Gourds & Other Decoratives, Trees & Plant Starts
Available at the Marquette Farmers Market and through CSA program.
Authentic
CSA includes: Vegetables, Fruits

Ever Yielding Acres

Charles DeVooght Miriam Smyth
9042 US 41 South, Skandia,MI 49885
906-362-5016 / everyieldingacres@yahoo.com
Find us on Facebook
Vegetables, Fruits, Herbs, Eggs, Poultry, Meat, Maple Syrup, Flowers, Gourds & Other Decoratives, Trees & Plant Starts, Hay, Livestock, Straw
Available at the Marquette Food Coop, the Marquette Farmers Market, and at the farm stand May-Halloween, by appointment year round.
Authentic

Gather’n Greens

Lee Ossenheimer
116 Arbutus Trail, Negaunee 49866
906-475-9338 / gatherngreens@hotmail.com
Vegetables, Herbs, Mushrooms, Honey, Flowers
Available at the farm, call for arrangements.
Authentic

Goodwins Farm

Rebecca Goodwin
436 Town Hall Rd, Skandia 49885
906-942-7061 / ggoodwinb@aol.com
Eggs, Dairy, Maple Syrup, Livestock
Available at the farm.
Authentic
Meat and dairy goat shares

Green Goods

Sherry and Dan Goodreau
1655 Southwood Drive, Ishpeming 49849
906-475-4098 / cherbear528@charter.net
Vegetables, Herbs, Mushrooms, Flowers
Available at the Marquette and Negaunee Farmers Markets and from the farm.
Authentic

Hannah’s Garden

Hannah Brisson
2503 Werner St Apt. 2, Marquette 49855
906-226-2213 / hannahbrisson@upfe.com
Vegetables, Fruits, Herbs, Flowers, Trees & Plant Starts
Available at the Marquette and Negaunee Farmers Markets, the Marquette Food Co-op or by pre-order.
Authentic

Hyer Farm

Jim Hyer
306 Kunde Rd, Skandia 49885
906-942-7546 / happyhyeracres@live.com
Vegetables, Fruits, Maple Syrup
Available at the farm and the Marquette Food Co-op
Authentic

Lauren Family Farm, LLC

Ronald Lauren
775 North River Drive, Gwinn 49841
906-346-7525 / rklauren@sirfcu.com
Poultry, Meat, Honey, Livestock
Available by phone order or appointment September, October, November
Conventional

Mindokwin Sugarbush

Jerry Mohlman
Marquette, MI 49855
906-346-4307 / jermohl@gmail.com
Maple Syrup
Available at the Marquette Farmers Market and by phone order.
Authentic

NMU Hoop House

Abbey Palmer
Jacobetti Center, Marquette 49855
906-225-0671 x25 / apalmer@marquettefood.coop
Find us on Facebook
Vegetables, Herbs
Available at NMU’s Culinary Café
Tours and Classes, April - November
Authentic

Pirman Corner Farm

Kimberly Pirman
137 Lawson Road, Skandia 49885
906-942-7389 / hangitwsct@gmail.com
Eggs, Meat, Livestock
Available at the farm.
Conventional

Quarter Acre Farm

Colleen Carlyle
591 S. Rice Lake Drive, Gwinn 49841
906-346-6035 / nativesis@peoplepc.com
Vegetables, Fruits, Herbs
Available at the farm, call for availability.
Authentic

Seeds & Spores Family Farm

Jeff Hatfield
724 Greenfield Rd, Marquette 49855
906-458-8616 / seedsandspores@miuplink.com
www.seedsandspores.com
Find us on Facebook
Vegetables, Fruits, Herbs, Mushrooms, Eggs, Poultry, Meat, Flowers, Trees & Plant Starts
Available at the Marquette Food Co-op, the Marquette Farmers Market, local restaurants, and through our CSA. Farm store is open from May through October by appointment.
Authentic, Certified Naturally Grown
CSA includes: Vegetables, Fruits, Flowers, Meat, Poultry, Eggs Dairy Cow Share

Shady Grove Farm U.P. LLC

Randy, Libby, Hala & Teyan Buchler
254 S. Francis Mine Dr, Gwinn 49841
906-360-9124 / rlht@charter.net
www.shadygrovefarmup.com
Find us on Facebook
Vegetables, Fruits, Herbs, Mushrooms, Eggs, Poultry, Honey, Fibers
Available at the farm, The Link UP Food Buying Club, the Marquette Food Co-op, Mares Z Doats, The Wild Rover Restaurant, and Zero Degrees Art Gallery.
Authentic, Certified Naturally Grown, MAEAP Verified
CSA includes: Vegetables,Fruits,Eggs

Smiling Dog Farm

Dan/April Meister
321 Westbranch Rd, Marquette 49855
906-362-3759 / meister906@gmail.com
www.smilingdogflowerfarm.com
Vegetables, Flowers
Available at the farm by appointment or at roadside stand near home. Please check website for product updates.
Authentic

Speckled Hens Garden

Alison & Jon Kangas
6774 Caps Creek Rd, Republic 49879
906-376-2267 / countrymom89@hotmail.com
Vegetables
Available at the farm by appointment or at the Republic Farmers Market.
Conventional

Swanzy Farm

Lester Perkins
860 North Martin Lake Rd, Swanzy 49841
906-360-2868 / lester_perkins@yahoo.com
Vegetables, Fruits, Honey
Available at the farm, the Marquette Farmers Market, and at the Kountry Korner in Gwinn on Tuesdays.
Authentic

The Raspberry Lady

Mary Collins
609 M-94, Skandia 49885
906-942-7728 / mcollins@hotmail.com
Vegetables, Fruits, Eggs
Available at the farm and the Munising Farmers Market.
Authentic

Virgin Earth Farm

Gregory Wixtrom
2480 Yukon Trail, Republic 49879
906-376-2011 / greggreen_8@hotmail.com
Vegetables, Flowers, Hay
Available at the Negaunee and Marquette Farmer’s Markets and the Marquette Food Co-op.
Authentic, Certified Naturally Grown

Wiaters Farm and Adventures

Carol Wiater
219 Lawson Rd, Skandia Mi 49885
906-942-7744 / cwiater@tds.net
Vegetables, Poultry, Meat, Livestock
Available at the farm
Authentic
U-pick: Rhubarb

Winter Sky Wool Company

Karen Valley
9497 County Road 510, Negaunee 49866
906-204-4310 / upwintersky@yahoo.com
www.winterskyshtlands.blogspot.com
Find us on Facebook
Vegetables, Fruits, Herbs, Eggs, Fibers, Livestock
Available at the Marquette Farmer’s Market, the Knitter’s Niche, and from the farm.
Conventional

Wixtrom Natural Farms

Michael Wixtrom & Family
4697 Fence River Road, Republic, Michigan 49879
906-376-2136 or 906-250-0584 / mlwix@yahoo.com
www.upfoodexchange.com
Vegetables, Fruits, Small Grains, Maple Syrup, Hay, Straw
Prefers on-farm sales to meet customers! Products are also available at the Marquette Food Co-op, the U.P. Food Exchange, and the Link Up Food Buying Club.
Authentic

Menominee County

Barani Acres: Home of the Wooly Sock

Diana Jarnutowski
N7231 Butchli Drive, Stephenson 49887
906-788-4315 / crankyalice@hotmail.com
www.thewoolysock.com
Vegetables, Small Grains, Meat, Fibers, Livestock
Available at the Menominee Farmers Market, via mail order (domestic only), and from the farm by appointment. Please call to inquire about availability first.
Authentic

Blueberry Pier

Lucy Pier
N724 South P-3 Lane, Menominee 49858
906-863-8718 / dpier@new.rr.com
www.menomineefarmersmarket.com
Vegetables, Fruits, Herbs
Available at the Menominee Historic Downtown Farmers Market.
Authentic, Certified Organic by MOSA
CSA includes: Vegetables, Fruits

DeBacker Family Dairy, LLC

Tracy DeBacker
N9145 Badish Rd, Daggett 49821
906-753-6455 / up.farmgirl@yahoo.com
www.debackerfamilydairy.com
Find us on Facebook
Eggs, Small Grains, Dairy, Meat, Honey, Maple Syrup, Livestock
Available in grocery stores throughout the U.P. Call for information on product availability in your area.
Conventional

Elmcrest Acres

Donna Buechler
W2144 Number 29 Rd, Daggett, mi 49821
888-728-6982 / elmcrestacres@gmail.com
www.elmcrestacres.com
Find us on Facebook
Meat, Christmas Trees, Livestock
Available at the farm.
Conventional
U-pick: Christmas trees

Folcik Farm

John Folcik
N14759 Old U.S. 41, Carney 49812
906-399-3935 / john_folcik@yahoo.com
Mushrooms, Eggs, Meat, Hay, Livestock
Available at farm or arrange to pick-up at Rainbow Packing.
Authentic

Happy Hill Ranch

Ron & Mary Messenger
W4561 34th Rd, Carney 49812
906-399-6414 or 906-399-6413 / mmess63@gmail.com
Vegetables, Eggs, Poultry, Fish, Meat, Livestock
Available at the farm, the Escanaba Farmers Market and the Gladstone Farmers Market.
Authentic

Immerfrost Farm

Glenn Cody
N8536 Pelkey Rd K 3, Stephenson 49887
920-786-8088 / immerfrostfarm@gmail.com
www.ImmerfrostFarm.com
Find us on Facebook
Vegetables, Fruits, Herbs, Flowers, Trees & Plant Starts
Available at the on-site farm stand, at the Menominee County Farm and Food Exchange or other markets in our area. Check out RealTimeFarms.com for a complete list.
Authentic, MAEAP Verified

Jasper’s Sugar Bush

John & Karen Jasper
W 1867 County Road 374, Carney 49812
906-639-2588 / jasper@alphacomm.net
www.jaspermaple.com
Find us on Facebook
Honey, Maple Syrup
Available at the farm, Gifts and Gear in Stephenson, Angeli’s Market in Menominee & Iron River, Super One Foods in Escanaba, Iron Mountain, & Marquette, Econo Foods in Iron Mountain, Marquette, & Houghton, Pat’s IGA in L’Anse & Hancock, Valle’s in Marquette, Jack’s IGA in Harvey, Jubilee Foods in Ishpeming, Elmer’s Market, Escanaba
Authentic

Smax Farm

Jennie Smith
N11492 Oakwood Rd K-3, Daggett 49821
906-374-0223 / info@smaxfarm.com
www.smaxfarm.com
Find us on Facebook
Eggs, Poultry, Meat
Available for pick up at the farm, or at drop off points in Menominee or Stephenson, MI.
Authentic

Summer Solstice Farms

Heidi Potter
W5323 G-18 Rd, Carney 49812
906-639-3080 / summersolsticefarms@yahoo.com
www.summersolsticefarms.weebly.com
Find us on Facebook
Vegetables, Eggs, Dairy, Hay, Livestock
Available at the farm during the day and through CSA program. Delivery to the Escanaba, Iron Mountain, or Menominee areas may be available.
Authentic
CSA includes: Vegetables, Eggs
Dairy goat shares

Sunny G Orchard

Kim Gaudes
N9512 County Road 354, Stephenson 49887
906-290-4462 / sunnycowgirl@hotmail.com
Find us on Facebook
Vegetables, Fruits, Eggs, Livestock
Available at the farmers market in downtown Stephenson and at the farm by appointment.
Conventional

Tuinstra Farms

Nancy & Monty Tuinstra
W6377 County Road 358, Daggett 49821
715-923-4914 / nmtuinstra@wildblue.net
www.Tuinstrafarms.com
Find us on Facebook
Vegetables, Herbs, Flowers, Hay
Available at farm stand Sunday 10 am – 3 pm, Monday & Tuesday closed, Wednesday Friday 9 am – 6 pm, Saturday 1 pm – 5 pm, or set up an appointment. Also at Stephenson Farmers Market.
Conventional

Wilson Creek Gardens

Chad Sydor
N16071 Hansen Lane F-4, Wilson 49896
906-221-0319 / wilsoncreekgardens@gmail.com
Vegetables, Herbs, Mushrooms, Eggs, Poultry, Meat, Flowers, Gourds & Other Decoratives, Livestock
Available at the farm by appointment or at the Iron Mountain Farmers Market.
Authentic
CSA includes: Vegetables, Flowers, Meat, Poultry, Eggs

Windbiel Farm

Mark & Cheryl Windbiel
W4601 County Road 338, Wallace 49893
906-863-4828 / cwindbiel@yahoo.com
Vegetables
Available at Menominee Historic Downtown Farmers Market
Authentic

Ontonagon County

Algomah Acres Honey Farm and Meadery

Melissa Hronkin
29534 Post Office Rd, Mass City, MI 49948
906-883-3894 / algomahacres@Live.com
www.algomahacreshoney.com
Find us on Facebook
Wine, Honey
Available at area farmers market, various stores, and at the farm.
Authentic

DeHaan Forest Products

Richard & Martin DeHaan
25367 Mud Creek Rd, Mass City 49948
906-883-3417 / richarddehaan@upfe.com
Meat, Hay
Available at the farm, Sunday-Friday by appointment.
Conventional
CSA includes: Meat

Kolpack Farm

Julie Kolpack
13670 M38 State Highway, Ontonagon 49953
906-362-5620 or 906-883-3151 / catrinaautofina@aol.com
Eggs, Poultry, Small Grains, Meat, Livestock, Straw
Available at the farm via e-mail, phone, or farm visit by appointment. Also at the Hancock and Ontonagon Farmers Markets.
Authentic

Tolfree Farms

James J Countryman
33014 Townline Rd, Ontonagon, MI 49953
906-884-2351 / countryj@jamadots.com
Meat
Available at the farm by appointment.
Conventional
CSA includes: Meat

White Birch Apiary

Leslie McBean
15646 Gem Hill Rd, Bruce Crossing 49912
906-827-3224 / whitebirchapiary@yahoo.com
Honey, Maple Syrup
Available at local grocery stores.
Conventional

Wintergreen Farm

Andrea Corpolongo Smith
33122 US HWY 45, Ontonagon 49953
906-884-4845 / wintergreenfarm@live.com
https://wintergreen-farm.squarespace.com/
Find us on Facebook
Vegetables
Available through CSA program, at the Superior Farm Market, the Hancock Tori Market, Lake Linden Farmers Market, Keweenaw Co-op, and Northwind Co-op.
Authentic
CSA includes: Vegetables

Schoolcraft County

LaBar Poultry Farm

Jeff & Heidi LaBar
1484 North M-94, Manistique 49854
906-341-6867 / jandhlabar1@charter.net
Eggs, Poultry
Available at the farm, at Econo Foods and Valle’s in Marquette, occasionally at Northern Meats and Sweet Water Cafe. Also at Elmer’s Country Market in Escanaba.
Conventional

Rondeau’s Ruff Acres

Ed Rondeau
11812 W. Spielmacher Rd, Cooks 49817
906-644-2777 / gdemars70@yahoo.com
www.upbeef.com
Vegetables, Fruits, Meat, Gourds & Other Decoratives, Hay
Available at the farm or at the Manistique, Munising, or Garden Farmers Markets.
Conventional
CSA includes: Vegetables, Fruits, Eggs Beef shares
U-pick: Strawberries, blueberries, blackberries and asparagus

U.P. Sugar Shack

Mark & Susan Majszak
760 W US Hwy 2, Blaney Park 49817
906-283-3275 / mmajszak@wildblue.net
www.upsugarshack.com
Maple Syrup
Available at highway market stand open seven days a week.
Authentic

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UPPER PENINSULA MAP

